

Union County Senior Activities Center APRIL 2023

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Easter Eggs: What Is the History Behind This Tradition?

Have you ever wondered what eggs have to do with Easter? Why do we dye and hunt for Easter eggs every year? What is the connection between Easter eggs and the crucifixion and resurrection of Jesus Christ?

Many of us might think Easter eggs and Easter egg hunts are a commercialized form of the Easter celebration. But their roots are deeply embedded in the practices of early Christians in eastern cultures. There is religious significance behind the Easter traditions that we still practice today.

Why do we have Easter eggs?

Although eggs were a symbol of fertility and rebirth in pagan cultures, Easter eggs were used by early Christians to symbolize parts of the Easter story. Easter eggs represent the empty tomb from which Jesus resurrected.

In early Orthodox churches, Easter eggs were blessed by the priests and distributed to the congregants at the end of Paschal vigil, which is the Saturday before Easter known as Holy Saturday. In some denominations today, Paschal vigil is still observed where a service is held on Saturday morning or night.

The service is similar to a Christmas Eve service. During the Paschal vigil, Scripture is read, candles are lit, and baptisms take place.

Continued on page 9

TENTATIVE DATES/ UPCOMING EVENTS AT WINDSOR:

June 14th – Ice Cream Social and Shredded Chicken Sandwiches and Sides

July 15th – Craft Show

August 19th TBD Fund Raiser

September 23rd Football Party

October 31st Halloween Party

December 9th Christmas Party



MISSION STATEMENT

1. To **PROVIDE** a wide range of social services, activities, education and entertainment for Windsor Manor and the surrounding area seniors.
2. To **PROMOTE** good fellowship and companionship among senior citizens of the Marysville and surrounding area who will be willing to participate.
3. To **PROMOTE** and **IMPROVE** the quality of life for all senior citizens.

WINDSOR & COMMUNITY SENIORS, INC

937-644-8464

2023 BOARD OF TRUSTEES AND OFFICERS

Executive Officers:

President: Cindy Maxhimer

Vice President: Karol Strapp

Secretary: Pattie Reisz

Treasurer: Carol Sitz

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Term 2022-2024

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Pattie Reisz

Karol Strapp

Karen Baker

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Deb Kelly

Mick McCoy

Patty Turner

Board Members:

Term 2022-2025

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Bill Brunskill

Carol Sitz

Janet Brown

Sue McClish

Chris Plank

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Sarah Dixon, Sponsor

Holly Novak, Sponsor

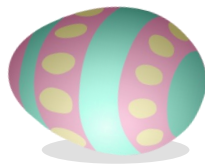
Jennifer Zofkie, Sponsor

Jeananne Piatt, Sponsor

Wendy Witchey, Sponsor

Activity Coordinator:

Egypt Price



May Newsletter:

Please submit all information, ads and articles no later than:

April 19, 2023

Do you know of an upcoming community event or activity that would be of interest to Seniors? If so, please call the Activities Office:

937-644-8464.

Not a member of Union County Senior Activities Center?

It is never too late to join and have some fun with us.

Single Membership - \$15.00

Couples - \$20.00

Stop by the Activities office to sign-up or call the Activities Office at **937-644-8464.**

OFFICE HOURS: 10:00 AM TO 2:00 PM

Board Members are needed.

Currently, our board has several board member positions open. We are looking for volunteers to help fill these board slots. Our board meetings are once a month for about one hour. Share your ideas for improvements or concerns with the other board members. Why not come to the next board meeting just to see how it all works. The Windsor board meets every first Thursday of every month. Please consider being on the board, and help make Windsor Senior Center a better place for all Seniors to come and enjoy.



APRIL Birthdays

If you do not want your birthday or anniversary listed, please call the Activities Office.

1
Pat Walter
Peg Eastman

2 Theresa Belg Eleanor Black Miriam Bless Susie Pfarr Yvonne Stoner	3	4 Tracy Richardson	5 Jim Caudill Robyn Coviello	6 Don Walter	7 Cathy Brunskill Mary Shanks	8 Roger Freeman Paul Wiehe
9 Sue Argo	10	11 Doris Leistriz	12	13 Jerry Carpenter Jennifer Holland Chris Wilson	14	15 Donna Thompson
16	17	18	19 Patty Clark Juanita Vigar Barb Ballmann	20 Evelyn Geyer Nancy Veeck	21 Deanna Cowan	22 Dwight Porter Bea Vargo
23	24 Mike Congrove Mike Denihan Janet Halter	25 Marie Beaver	26 Dixie Lewis Joan Hnath	27 Marjeanne Taulbe	28 Peggy Bunsold Doug Tron Don Welch	29
30	 					

**NATIONAL ALLIANCE ON MENTAL ILLNESS
(NAMI Mid-Ohio)
NAMI NOW SERVES UNION COUNTY**



NAMI Family-to-Family is a free, 8-session educational program for family, significant others and friends of people with mental health conditions. It is a designated evidenced-based program. This means that research shows that the program significantly improves the coping and problem-solving abilities of the people closest to a person with a mental health condition. These conditions may include, but are not limited to, anxiety, depression, OCD, ADHD, PTSD, bipolar or other mental health conditions.

Family-to-Family Class Counseling is available 6:00 pm to 8:30 pm each Wednesday.
Family Support Group meets from 6:30 pm to 8:00 pm each Wednesday.

**Both Classes are held at 729 S. Walnut St, Marysville.
Register Now for Classes at 937-340-4144.**

Happy Anniversary



- Ron & Vivian Noggle - April 3**
- Richard & Mary Harrison - April 4**
- Jim & Laura Paluch - April 5**
- Ronald & Monell Dooley - April 6**
- Mike Denihan & Nikki Hall - April 17**
- Del & Sharon Blevins - April 24**
- Larry & Connie Nickle - April 25**
- Bill & Cathy Brunskill - April 27**
- John & Nancy Howard - April 28**



Thinking of our Members in Nursing Homes and Assisted Living:

Bluebird: Dorothy Cotton
Mary Jo Finney

Heritage: Wanda Patterson

Walnut Crossing: Peggy Wells
George & Mary Freeman
Bernice Hamilton
Theda Clemans

Gables: Mary Shanks
Mary Wibley
Mary McNeal

Friendship Village Rehab, Dublin: Harold Horch

Country Club, Delaware: Sandy Williams

Monarch: Rhonda Groves

Please let the Activities Office know
if our list above is current.
Call 937-644-8464 to let us know of any changes.

Remembering in Prayer:

All those that we know who have been ill,
are recovering from surgeries, or for other reasons.

- Betty Stillings
- Joan Finch
- Daryl Ingram
- Rhonda Groves
- Karla Rawlins
- Pam Moore
- Nancy Jeffers
- Bernice Hamilton
- Earl Castle
- William A. McCarthy
- James Doolittle
- Charles Hartman
- Alfie Yanchik
- Karol Strapp
- Mary Gingrey
- Doris Leistriz
- Harold Horch
- Carolyn Wyse
- Molly Cooper
- Mike Arnold
- Janice Lewis
- Jeanie Blankenship
- Hazel Maynard
- Rusty Maynard
- Sandy Williams
- Cindy Maxhimer
- Edie LeMaster



*Our Thoughts
and Prayers
are With you*

**Our sympathy
and prayers
go out to the family of:**

**Condolences to the family and friends of
Jimmy Turk**

**Condolences to the family and friends of
Art D. Salyer Jr., Cousin of Anita Smith**

**Condolences to the family and friends of
Freida Starr**

COMMODITY SUPPLEMENTAL FOOD PROGRAM

The Community Food Box Program has a few spaces available. If you need this 30 lb. box each month, call CASC at 937-594-0161 for more information.

If you know of someone in need or need more information contact the Activities Office, 937-644-8464 or call CASC at 937-594-0161



Book Club News: **April 13th at 1:00.** This month's book is *"Mrs Lincoln's Rival"*, a novel by author Jennifer Chiaverini. You can pick up a copy from Pattie Reisz only. If you like to read, come join the group

Come Play Bingo...

- We have new classes
- Guest Callers
- more prizes
- Snacks....

And always lots of fun!

Tuesdays at 1:30 pm in the Windsor Dining Room.



DO YOU LIKE TO PLAY CORNHOLE?

Windsor has a group ready to play! Sign-up sheet in the dining room. Games will be on Friday's, at 1:30. Games have already started.





2-1-1

Get Connected. Get Answers.

CALL 2-1-1

AND CONNECT WITH THE SERVICES YOU NEED
24 HOURS A DAY. 7 DAYS A WEEK.

GET HELP

- Food
- Clothing
- Shelter
- Housing
- Rent or Utility Assistance
- Counseling
- Help for Substance Abuse
- Domestic Violence Services
- Sexual Assault Advocacy
- Transportation
- Support Groups
- Senior Services
- Help with Aging Parents
- Childcare
- Employment Resources
- Legal Assistance
- Health Care

GIVE HELP

- Local volunteer opportunities
- Donating food, clothing and more
- Connect with:
 - Civic Organizations
 - Youth Activities
 - Community Services
 - Schools



Get Connected. Get Answers.



HelpLine
Of Delaware and Monroe Counties, Inc.

2-1-1 IS YOUR NEW, FREE, CONFIDENTIAL, 24/7 INFORMATION AND REFERRAL HOTLINE BROUGHT TO YOU BY:





UNION COUNTY VETERANS SERVICE OFFICE

835 East Fifth Street, Suite B
Marysville, OH 43040
937-642-7956 or 800-686-2308

We serve eligible Veterans and their families in all matters relating to possible Union County and/or Federal Benefits.

We:

Provide no-cost transportation to Department of Veteran Affairs (VA) medical facilities

Offer temporary and emergency financial aid to eligible veterans for basic needs

Assist in applying for various benefits through the VA, such as disability compensation and VA medical enrollment

Please contact us to set up a confidential appointment Monday through Friday
(closed holidays)



UNION COUNTY SENIOR ACTIVITIES CENTER Trips for 2023

“NO MEALS ARE COVERED”

All scheduled trips are tentative, and may change due to weather or availability of transportation. You may sign up for each trip after the first of the month for each one. (In other words, you may sign up for the April 20 trip starting April 1, etc.)

- All trips leave from UC Seniors Activities Center.
- Please park at the far end of the parking lot.
- Call Activities Office for Trip Policies for more information regarding eligibility and prices.
- Pricing is for Union County Senior Activities Center members. If you are not a member add an additional \$5.00 to the trip rate.

You may register by using the sign-up sheet in the Community Room or by calling the Activity Office. If sign-ups exceed the seats available, we'll have a random drawing.

Thursday, April 20 — Jungle Jim's Market, Cincinnati, fast-food lunch; depart at 9 a.m. (BlueBird) \$5.00

Friday, May 26 — Outlet Mall in Sunbury, lunch at Cracker Barrel; depart at 10 a.m. (BlueBird) \$5.00

Friday, June 9 — Young's Dairy/Yellow Springs; depart at 9 a.m. (UCATS) \$5.00

Friday, June 23 — Indian Lake Flea Market, Woody's Restaurant; depart at 9 a.m. (BlueBird) \$5.00

Monday, July 10 — **MYSTERY TRIP**; depart at 10 a.m. (UCATS) \$5.00

Friday, August 11 — Airport Diner & Museum, Urbana; depart at 10:30 a.m. (UCATS) \$\$

Friday, September 15 — The Lynd Farm & Nutcracker Restaurant; depart at 10 a.m. (UCATS) \$5.00

Friday, October 20—**MYSTERY TRIP**; depart at 8:30 a.m. (BlueBird) \$\$

Monday, October 30 — German Village & Schmidt's Restaurant; depart at 10 a.m. (UCATS) \$5.00

Friday, November 17 — **MYSTERY TRIP**; depart at 10 a.m. (BlueBird) \$\$

Friday, December 15 — Franklin Park Conservatory + mystery lunch; depart at 9:30 a.m. (BlueBird) \$\$



Union County Chapter of the Ohio Genealogical Society will be holding their first meeting of 2023 on **Saturday, April 15 at 10 a.m.** at the **Marysville Public Library in Meeting Room A**. The library is located at 231 South Plum Street, Marysville, Ohio. Our speaker will be John Lambert on **“Labor Saving Devices of the late 1800’s.”**

NOTE: Our **NEW Email** address is: windsorsen@gmail.com
Check out our website: www.windsorseniors.org

It has our calendar of events, lunch menu, trip info and much more.

We have free Wi-Fi in the Dining Room. If interested check with the Activities Office for login information. We are now on Facebook. To find, search Windsor & Community Seniors, Inc. and “Like” us to receive periodic updates on upcoming events, activities and pictures.

Friends of Union County Senior Activities Center

“Friends of Union County Senior Activities Center”

is a fundraiser that allows anyone, regardless of age, to support Windsor Seniors by donating \$25 or more.

This donation entitles you to be listed as a

“Friend of Union County Senior Activities Center”

for the calendar year.



Larry & Jeanne Amrine
Janet Brown
Mabel Myers and Wallace Holbrook
Rosella Renz
Russell & Virginia Miller
Butch & Sue Sawyer

Rebecca Payne
Connie Ripley
Deb Kelly
Karen and Leo Baker
Deboria and Thomas Ranney



Volunteer Honor Roll

“Volunteer Honor Roll” is recognition for volunteers who have generously donated their services and/or their time to UNION COUNTY SENIOR ACTIVITIES CENTER.

Leo & Karen Baker
Dorothy Baughman
Bill Brunskill
Janice Bryant
Mary Carpenter
Idella Feeley

Rita Flory
Edie Lemaster
Doris Leistritz
Cindy Maxhimer
Laura Paluch
Patricia Reisz

Jim Scheiderer
Carol Sitz
Fred & Arthena Smith
Karol Strapp
Mike Streng
Nancy Veeck

Thelma Ward
Warm Up America
Jeanette Fleck
Nancy Spain
Woody Wilson
Daryl Ingram
Patty Turner

SUPPORTING WACSI

Founded in 1984 WACSI provides a wide range of social services, activities, education and entertainment for all senior citizens of Union County. Funded by annual grants on behalf of Senior Services and United Way, membership dues, fundraising, donations, business sponsorship and memorial contributions. WACSI is a non-profit organization dedicated to the well-being of all seniors. WACSI supports our community by providing programs to engage and enrich the lives of seniors and community members of all ages. We remain loyal to our mission of providing for the well-being and growth of families and individuals through activities, education, and social services. Your support as a member, friend, volunteer, or monetary contributor is greatly appreciated. Thank you for your support!



Celebrating Life's Stories®



Our mission is to celebrate the lives of those we have the privilege of serving by providing superior care and superior services to each patient and family.

OHIO'S
Hospice®
 Loving Care

London
 740.852.7755

Marysville
 937.644.1928

www.OhiosHospiceLovingCare.org

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Sudoku Puzzles

6		7		5				
		3						4
	4					5	6	
		8						
3		6					5	2
	5	2				1	7	8
	2							
		4		7	5			1
			2	1		4	8	3

1	6				2	8		
		9		3	8			6
4			1					
9				8				
	4				6		2	
	2	3	4				5	
					9			
						2		
				5	1		6	

Solution on page 22



From the Community Meals Kitchen

Dinning Room Serving Time

Meals are served by our volunteer staff
11:00 a.m. to 12:30 p.m.

Suggested Donation Prices:

60 and over \$3.50
59 and under Guest \$5.50
10 and under \$3.50



Dine-In service ONLY.

Please make your reservations by 9:30 a.m., by calling **937-644-8459.**

To find out more information regarding Congregate meals here at Windsor call 937-644-8459 Monday— Friday 8 a.m. to 2 p.m.

April birthdays will be celebrated on **APRIL 13th.**
The menu can be found on page 12 of the newsletter.

DINING ROOM RULES

1. During lunch 10-1 p.m., you may not have access to the drink station, only hospital volunteers may get you drinks.
2. Take any trash out to the dumpster
3. Spot sweep any debris/food on the floor
4. Make sure all tables are clear of any articles
5. If you moved a table or adjust it (round to square) please put it back the way you found it.
6. If you used the kitchen area, clean any dishes you use, put things away and wipe down the counter and sinks if necessary.



Please help to keep your facility clean, there is no full time housekeeping department here, so we all need to do our part. Thank you.

Continued from page 1

During the service, Easter eggs are handed out to symbolize Jesus' resurrection: The hard shell represents the sealed tomb and the cracking of the egg represents Jesus' resurrection from the dead.

While it might seem like a strange tradition to hand out Easter eggs in a church service, early Christians abstained from eating eggs and meat during Lent, a period of 40 days where Christians fast, repent, and pray to prepare for Easter. Therefore, Easter was the first time Christians could eat eggs.

As a symbol of Jesus' tomb and resurrection, Christians developed different traditions surrounding Easter eggs.

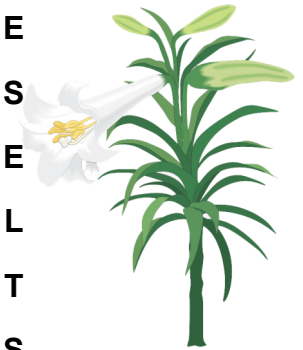
Continued on page 19



EASTER STORY



S C B M N E J E S U S C H R I S T
 K A A P O D V G V A R E J O I C E
 J R V M S P R A Y E R W C B V F S
 Y N O I V I F I C U R C T R M L E
 L A P C O I E B Q O X B B N O O L
 I R E S U R R E C T I O N R E S T
 T R E P P U S T S A L Y E M B L S
 S H L U P V Y T K V F D M T E K O
 O C A R N E P A X R E S I H M R P
 C R M E P E N L D M A N A O I E A
 E U B I K G A A P I J R R R R V V
 T H X C H Y N T N H R S M N A O X
 N C N C A M I E O C T F Y S C S J
 E K E R K O S E W N E I D A L S U
 P U T O N I R N W R P Y A O E A D
 L E Z W R W M D R Q I T Y F O P A
 B S M N D I S C I P L E S C X G S



APOSTLES
 BETRAYAL
 CAVE
 CHURCH
 CROSS
 CROWN
 CRUCIFIXION

DISCIPLES
 FAITH
 GOOD FRIDAY
 JESUS CHRIST
 JUDAS
 LAMB
 LAST SUPPER

LENT
 MARY
 MIRACLE
 PASSOVER
 PENANCE
 PENTECOST
 PRAYER

REDEMPTION
 REJOICE
 RESURRECTION
 RISEN
 SAVIOR
 SON
 THORNS
 TOMB



Solution on page 22

HEARING AIDS 101

Our Doctor of Audiology, Eryn Staats, has worked as a clinical audiologist for nearly 20 years, providing comprehensive diagnostic services for patients for a variety of hearing healthcare services.

She shares a Five-Step Checklist for those with hearing loss, as you consider a hearing aid option.

STEP 1

SCHEDULE A BASELINE HEARING TEST

- Hearing loss can occur at any age.
- A hearing test determines the level of hearing loss and diagnoses any hearing conditions.

STEP 2

DISCUSS YOUR HEARING HEALTH EVALUATION

- This evaluation can provide an overview of your overall hearing, plus provide a baseline for hearing trends.
- If hearing loss has been determined, discuss either custom or over-the-counter (OTC) hearing aids with your audiologist.

STEP 3

UNDERSTANDING THE DIFFERENCES BETWEEN CUSTOM AND OTC

- OTC hearing aids are self-fitting.
- Custom hearing aids are precisely programmed to your exact hearing loss – and the fit is verified by an expert.

STEP 4

THINK ABOUT POST-PURCHASE SERVICES

- Custom hearing aids are accompanied by regular maintenance, fit/programming adjustments, and cleaning. At Memorial Ear, Nose & Throat, these services are all covered for the duration of the device's warranty.

STEP 5

CONSIDER YOUR WHOLE HEARING HEALTH CARE

- Working with an ENT and Audiology team of specialists allows us to monitor, evaluate, and treat all of your hearing needs – from wax removal to tinnitus to dizziness and balance disorders.
- Hearing loss can be confusing. And frustrating. But having an expert medical team to walk you through the process of prevention, detection, assessment, and treatment can ease you in, step-by-step, with realistic expectations. **To learn more, call Memorial Ear, Nose & Throat at (937) 578-4300.**

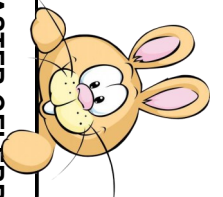
MemorialOhio.com

 **Memorial** EAR, NOSE & THROAT



April 2023 — COMMUNITY MEAL MENU

Please make reservations by 9:30 a.m.



<p>MONDAY, APRIL 3</p> <p>Orange Juice Sausage Gravy over 2oz. Biscuit Seasoned Roasted Potatoes Pineapple</p>	<p>TUESDAY, APRIL 4</p> <p>Salmon Patties Parsley Potatoes Creamed Peas Mandarin Oranges WW Bread 5 Vanilla Wafers</p>	<p>WEDNESDAY, APRIL 5</p> <p>Haystacks (2oz beef, lettuce, tomato, cheese & 1oz. of chips) Refried Beans w/cheese Fruit w/dressing Unfrosted 2" Brownie</p>	<p>THURSDAY, APRIL 6</p> <p>Cheeseburger on Lg. Bun Baby Bakers Corn Peaches</p>	<p>EASTER CELEBRATION FRIDAY, APRIL 7</p> <p>Ham Slice (alternate Fish) Sweet Potato Casserole Green Beans Easter Fruit Fluff Lemon Meringue Pie Dinner Roll</p>
<p>MONDAY, APRIL 10</p> <p>Lasagna Italian Green Beans Tossed Salad Scalloped Pineapple Garlic Breadstick</p>	<p>TUESDAY, APRIL 11</p> <p>Fried Chicken Potato Salad Cucumber & Onion Salad Pears Banana Muffin 2 oz.</p>	<p>WEDNESDAY, APRIL 12</p> <p>Baked Fish Hash Brown Casserole Roasted Root Veggies Grapes WW Bread Gingersnap Cookie</p>	<p>BIRTHDAY CELEBRATION THURSDAY, APRIL 13</p> <p>Pot Roast with Potatoes, Carrots and Onions Creamy Fruit Salad Cake & Ice Cream Yeast Roll</p>	<p>FRIDAY, APRIL 14</p> <p>BBQ Smoked Pulled Chicken on a Lg. Bun Scalloped Potatoes Mixed Vegetables Fruited Jell-O</p>
<p>MONDAY, APRIL 17</p> <p>Chicken Fettuccini Alfredo Mixed Vegetables Tossed Salad Fruit Mix Garlic Breadstick</p>	<p>VOLUNTEER RECOGNITION LUNCH - RICHWOOD TUESDAY, APRIL 18</p> <p>Roast Pork Mashed Potatoes/Gravy Lima Beans Apple Crisp Gingersnap Cookie Dinner Roll</p>	<p>VOLUNTEER RECOGNITION LUNCH - WINDSOR WEDNESDAY, APRIL 19</p> <p>BBQ Ribs Au Gratin Potatoes Green Beans Strawberries over Angel Food Cake Hawaiian Roll</p>	<p>VOLUNTEER RECOGNITION LUNCH - PLAIN CITY THURSDAY, APRIL 20</p> <p>Roast Beef Mashed Potatoes/gravy Broccoli Cherry Crisp Unfrosted 2" Brownie Dinner Roll</p>	<p>FRIDAY, APRIL 21</p> <p>Chicken Salad on Lg. Bun Potato Soup/4 Crackers Coleslaw Applesauce</p>
<p>MONDAY, APRIL 24</p> <p>Bourbon Chicken Seasoned Sweet Potatoes Roasted Brussels Sprouts Cinnamon Apple Slices Blueberry Muffin 2 oz.</p>	<p>TUESDAY, APRIL 25</p> <p>Chicken & Noodles Mashed Potatoes Baby Carrots Peaches WW Bread</p>	<p>WEDNESDAY, APRIL 26</p> <p>Macaroni & Cheese Prince Charles Veggies Tossed Salad Waldorf Salad Garlic Breadstick</p>	<p>THURSDAY, APRIL 27</p> <p>Breaded Chicken Breast Mashed Redskin Potatoes Spinach Bake Cranberry-Apple Jell-O Salad Dinner Roll 3 Graham Crackers</p>	<p>FRIDAY, APRIL 28</p> <p>Grilled Hotdog On Lg. Bun Baked Beans Coleslaw Mandarin Oranges</p>

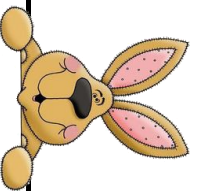
Windsor: 937-644-8459
Plain City: 614-873-8870



Menu subject to change based on availability and weather.
Available Milk Choices: 2% Milk, Low Fat Chocolate



CANCELLATION NOTICE: When Community Meals are canceled due to inclement weather or closed for holidays, all activities will be canceled.



April Activities



Activity Calendar is always subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 10:00 — Chair Exercise 1:30 — Warm Up America/ Crochet 1:30 — Card Players</p>	<p>4 10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>5 10:00 — Chair Exercise 1:30 — Dominoes 1:30 — Crochet Buddies 1:30 — Card Players</p>	<p>6 10:00 — Wii Bowling 1:00 — Board Meeting</p>	<p>7 10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 — Card Players 1:30 — Corn Hole</p>
<p>10 10:00 — Chair Exercise 1:30 — Warm Up America/ Crochet 1:30 — Card Players</p>	<p>11 10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>12 10:00 — Chair Exercise 1:30 — Dominoes 1:30 — Crochet Buddies 1:30 — Card Players 2:00 — Chair Volleyball at Walnut Crossing**</p>	<p>13 10:00 — Wii Bowling 1:00 — Book Club 1:30 — Card Players</p>	<p>14 10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 — Card Players 1:30 — Corn Hole</p>
<p>17 10:00 — Chair Exercise 1:30 — Warm Up America/ Crochet 1:30 — Card Players</p>	<p>18 10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>19 10:00 — Chair Exercise 1:30 — Dominoes 1:30 — Crochet Buddies 1:30 — Card Players</p>	<p>20 10:00 — Wii Bowling 1:00 — Craft Class 1:30 — Card Players</p>	<p>21 10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 — Card Players 1:30 — Corn Hole</p>
<p>24 NEWSLETTER FOLDING 10:00 — Chair Exercise 1:30 — Card Making 1:30 — Warm Up America/ Crochet 1:30 — Card Players</p>	<p>25 10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>26 10:00 — Chair Exercise 1:30 — Dominoes 1:30 — Card Players 1:30 — Crochet Buddies</p>	<p>27 10:00 — Wii Bowling 1:30 — Card Players</p>	<p>28 10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 — Card Players 1:30 — Corn Hole</p>

Activity Coordinator

Windsor & Community Seniors, Inc.

376-C Rosehill Drive
Marysville, Ohio 43040
937-644-8464



**** Please NOTE:**

You can also play Chair Volleyball at Walnut Crossing starting at 2:00 p.m. Walnut Crossing will furnish a bus if driver is available, otherwise if Jim Scheiderer is available he may help transport. If you are able to drive yourself do so or maybe car pool with other interested Chair Volleyball players.



April 2023

PRIME TIME

940 London Avenue, Suite 1800
 Marysville, OH
 Voice: 937-644-1010 Option 5
 Fax: 937-644-8700

<https://www.unioncountyohio.gov/senior-services-home>

Union County Guardianship Services

The Union County Guardianship Services provides trained, professional “guardians of the person” to those in Union county who are found to be incompetent and do not have appropriate family of friends to protect their rights and best interests. Guardianship services also acts as a resource center for family and friends acting as guardians by providing continuing education classes and overall guidance on how to address specific situations with their senior. Guardians ensure the senior’s homes are safe, benefits are maintained, appropriate community services are engaged, preventative healthcare needs are met, and the senior is protected against neglect, abuse or exploitation. Guardians guide the decision in keeping the senior in the least restrictive environment appropriate for their care and wellbeing. Union Count Senior Services works with Guardianship Services by providing a grant to assist families needing education and assistance in filing or maintaining guardianship of their loved one.

Calendar Corner

- 🐾 **Mondays March 27th—May 15th, 1-3pm: Matter of Balance Classes** at Windsor & Community Seniors. Call 937.645.2049 to register.
- 🐾 **April 17th, 1-4pm: Housing, Medicaid, Hospice, and End of life Planning** by Union County Guardianship Services at 940 London Ave, Marysville, Oh Conference RM B. Call 937-209-2275 ext. 0 to register.
- 🐾 **May 9th at 2pm: Welcome to Medicare**
- 🐾 **May 21st, 11am-3pm: Hospets Event** FREE pet vaccinations: at Human Services parking lot, 940 London Ave, Marysville, OH. No RSVP required.

Welcome to Medicare

Presented by the Ohio Senior Health Insurance Information Program (OSHIIP)

- Will you be eligible for Medicare soon?
 - Already enrolled and still have questions?
 - Do you provide assistance to a family member?
- Then this Event is for You!**

Come learn about Medicare A and B benefits, prescription coverage (part D), Advantage plans, and Supplement insurance.

When: May 9th, 2023 at 2pm
Where: Union County Services Building, 940 London Ave, Marysville, Oh 43040 Conference Room A
 To **RSVP** call 937.644.1010 option 5

Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse. Contact the Abuse Hotline at 937-644-1010 Option 1

How to Make Wise Energy Choices

Federal Trade Commission

Some marketers and governmental aggregators may offer green energy options that some consumers may prefer. Always compare prices when considering such options.

1. **Staying with the Utility's "Standard Offer"** - Consumers should not assume that prices offered by an energy marketer will be lower than the price of the utility's standard offer, especially over time. Particularly with regard to buying natural gas, many marketer offers have been more expensive than the utility's standard offer. The utility's standard offers remain a good, conservative approach for consumers to economically purchase energy. Consumers can confirm if they are currently buying energy from their utility's standard offer by contacting their utility or reviewing their monthly bill. Consumers can contact their utility to switch from a marketer offer to the utility's standard offer.
2. **Energy Marketers**- We recommend that consumers avoid buying energy from a marketer during a door-to-door sale. And consumers should not share personal information, such as their utility bill or account number, with a marketer during a door-to-door sale. When comparing energy offers, beware of "teaser" rates. Some marketers initially offer low "teaser" rates that soon are replaced by higher rates. You also have the right to stop electric and gas utilities from sharing your personal contact information with energy marketers. You can contact your utility to enforce that right.
3. **Governmental Aggregation**—In some parts of Ohio, government aggregation is another option for purchasing natural gas or electricity. Under government aggregation, residents can authorize their local government, typically through an election, to supply electricity to their residents. Governments use the buying power of many consumers to negotiate prices.

Smoke Detector Maintenance

According to U.S. Fire Administration, three out of five home fire deaths results from properties without working smoke alarms and the risk of dying in a home fire is cut in half with a working smoke alarm. Your smoke alarm should be checked once a month and batteries changed twice a year. Call Senior Services for more information and resources, 937.644.1010 option 5.

Just for Laughs

How are the stars like false
Teeth?

They both come out at night

Why did grandma put wheels
on her rocking chair?

So she could Rock n Roll!



Need a Ride?

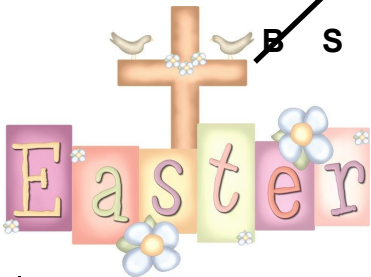
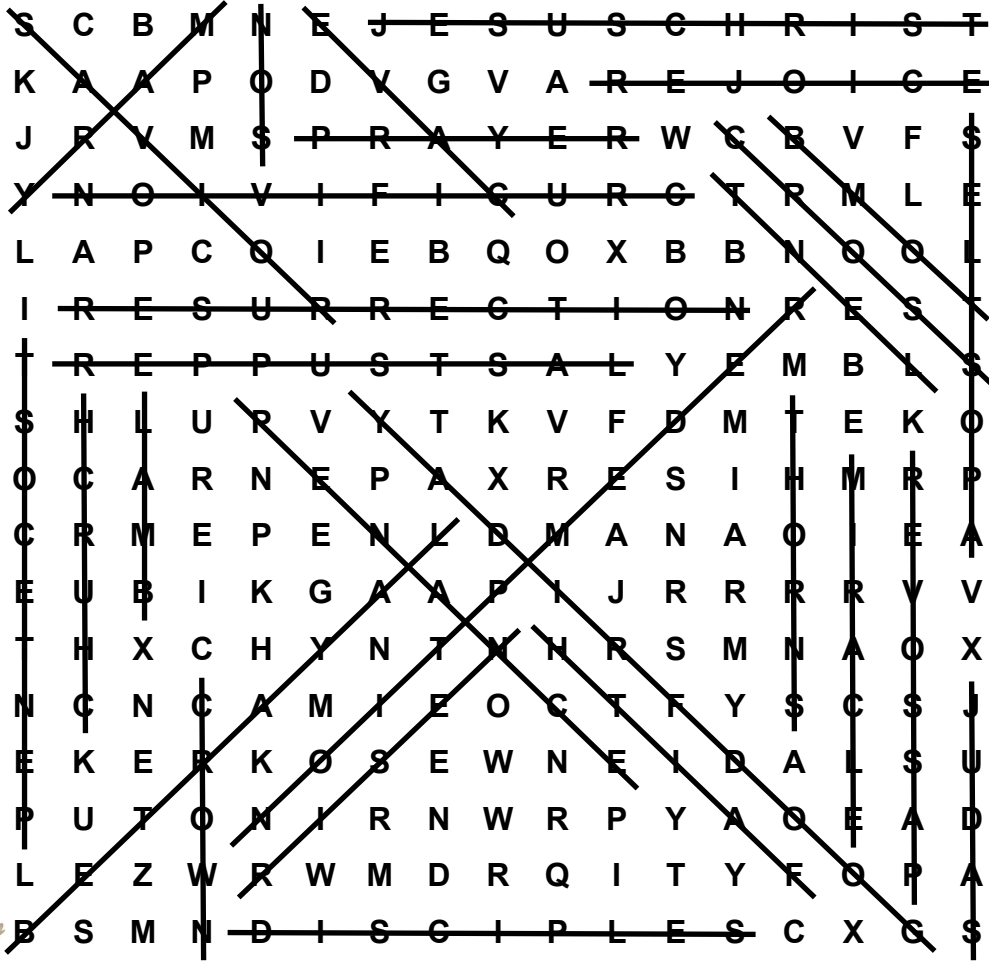
Union County Senior Services wants to ensure Union County residents 60 years of age or more are getting their transportation needs met to the best of our ability with available resources. UCATS, A Way Out, Legends Lift & Transport, and WINGS are contracted to transport seniors to their activities of daily living (medical, shopping, banking, legal, exercise, library, miscellaneous civic needs, etc.) and activities of socialization **free** of charge to the senior. Below is the contact information for transportation.

- **UCATS** - call 937.642.5100 to schedule a ride or complete a request online at www.unioncountyohio.gov/ucats
- **A Way Out** - call to schedule at 614.381.1979
- **Legends Lift and Transport** - call to schedule at 937.358.2024
- **WINGS** - call to schedule at 937.642.9555

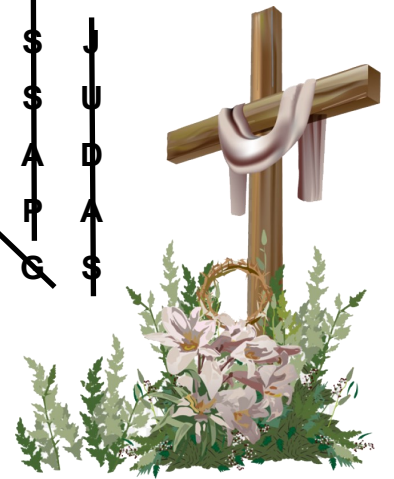
PRIME TIME

is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact janell.alexander@jfs.ohio.gov.

Easter Story Word Search Solutions



Puzzle Solutions



6	1	7	4	5	2	8	3	9
5	8	3	7	9	6	2	1	4
2	4	9	3	8	1	5	6	7
1	9	8	5	2	7	3	4	6
3	7	6	1	4	8	9	5	2
4	5	2	9	6	3	1	7	8
8	2	1	6	3	4	7	9	5
9	3	4	8	7	5	6	2	1
7	6	5	2	1	9	4	8	3

1	6	7	9	4	2	8	3	5
2	5	9	7	3	8	1	4	6
4	3	8	1	6	5	7	9	2
9	7	5	2	8	3	6	1	4
8	4	1	5	9	6	3	2	7
6	2	3	4	1	7	9	5	8
3	8	4	6	2	9	5	7	1
5	1	6	3	7	4	2	8	9
7	9	2	8	5	1	4	6	3

Policies - Members and Non-Members

Membership

Annual membership dues for ages 55+ are \$15.00 for a single and \$20.00 for a couple. As a member you will receive the newsletter "Ragtimes," which showcases current information about the wide variety of free and fee-based programs available. Membership dues are for one year, starting on January 1st of each year.

Photos Taken by Staff

During programs or activities, participants may be photographed by a staff member of Windsor & Community Seniors, Inc. for publicity purposes. These photos may appear in "Ragtimes", on the WACSI web site, or in other publications. If you do not want to have your photo taken and/or published, please tell the photographer. You may also contact the Activities Office at 937-644-8464.

Trip Policy

A reservation for all trips must be made in advance. The reservation must be paid in full by the advertised cutoff date in order to be able to pay the discounted amount. After the cutoff date, there will be a \$10.00 additional fee added to your reservation. If you find you must cancel a trip, please let the Activities Office know as soon as possible. Please see Refund Policy if you need to cancel your trip and remember we have to pre-pay for all trips.

All travelers MUST submit a File of Life to the Trip Coordinator upon entering the bus. Files of Life will be kept in a locked container and returned to their owners upon arrival back in Marysville. If you don't have this form, stop by the Activities Office and pick one up prior to the trip. In addition, if we are going on a gambling trip, you **MUST** bring a valid Driver's License or State Photo ID with you or you will not be able to gamble.

In the event of illness or injury that cannot be resolved by basic first aid procedures, the emergency squad will be called. Depending on the recommendation of the EMT, the traveler will be allowed to continue on the trip or be transferred to the nearest hospital by the squad. For those who are able to continue the trip safely, either the designated driver or the emergency squad will be called when the bus approaches Marysville. Who is called will be at the discretion of the Trip Coordinator with input from the traveler. In case of illness or injury which involves medical intervention at a hospital, WACSI will not be responsible for the traveler's transportation back to Marysville. The traveler will have two options:

- 1) Bring the name and phone number of a person whom the traveler contacted prior to the trip to ensure the contact person will be available to transport the traveler; OR 2) use the driver designated by WACSI. The traveler must pay the driver for the round trip (from WACSI to the traveler's home and from their home back to WACSI) using the standard mileage defined by Union County.

A lift bus will be reserved when possible for the accommodation of travelers using a wheelchair or walker. Travelers in a wheelchair will be required to bring an aide of the same sex or a spouse/significant other to assist them during the trip. If a spouse or significant other is used as the assistant, the traveler must have another designated traveler of the same sex to assist him/her in the restroom. If an aide is used rather than a spouse, the traveler will pay the same amount for the aide's trip fee as they have paid for their own fee (regardless of the aide's membership status). If a traveler is able to transfer safely to a seat, they may do so.

Non-Member Fee

Non-members will pay an additional \$5.00 per trip. No refunds will be given to non-members for cancellations that they initiate. No exceptions.

Refund Policy

If a participant cancels a trip or activity, his or her seat may possibly be filled from a waiting list (if we have one). In addition, the participant can find a replacement for their seat in order to qualify for a refund. Because our fees are based on minimum participation numbers and are paid to the travel company in advance, refunds must be requested at least 30 days prior to the trip. Consideration will be given to written requests for refunds in cases where there has been an injury or unforeseen problem not within your control. If your written request is approved we will refund as much as possible for the trip after all bills are paid, minus a \$10.00 processing fee. If Windsor & Community Seniors, Inc. cancels a trip, everyone who has signed up and paid will receive a full refund.



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Wilson



Funeral Homes & Monuments

Mannasmith Chapel 621 W. Fifth St. Marysville, OH 43040

(937)642-1751

Schnurrenberger Chapel 222 W. Center St. West Mansfield, OH 43358

(937)355-3341

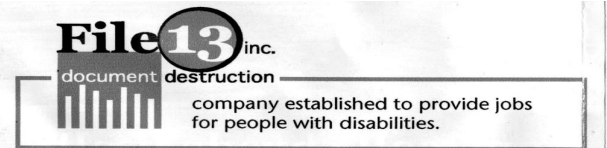
Woody Wilson, Funeral Director



Do you have old records that you would like to shred but don't have a shredder? We now have a receptacle in the Lobby of our Senior Center for documents to be sent to File 13 to be destroyed. Just bring in your old records, place them in the receptacle in the foyer and they will be picked up.

This service is free of charge.

Thank you File 13 for donating your services.



NO COST ENERGY TIP OF THE MONTH

Go online: ure.com.

Check out the energy savings tab and take the virtual home tour. See how much you can save just by using energy wisely.



for more weekly tips follow us on www.facebook.com/unionrural



DO YOU WANT TO DO SOMETHING THAT COUNTS?

Become a Hospice Volunteer

Loving Care would like volunteers to become a bedside vigil. Someone to just be there, hold a hand, read scripture or just pray for them. If this is something you would like to do, call Loving Care at **937-644-1928**.



Allen, Yurasek, Owens-Ruff & Spain LLC
Attorneys at Law

233 W. Fifth Street, Marysville, Ohio
p. 937 642 4070 | f. 937 644 4390



*Ingram Funeral Home
and Monuments*

Daryl L. Ingram—Director

Tel. (937) 642-4861

40 years of service to our Community

SCOTT & HOLLY
UNDERWOOD AND
FAMILY
(937)642-7039

PROJECT SAFE HEAT: A Grant from Union County Seniors Services was awarded to Bridges Community Action to assist Union County Seniors with furnace cleaning and tune-up. For help, contact Community Action at 937-642-4986.

BECOME A FRIEND OF WINDSOR

Now that we're in a new year, it is a good time to become a "**Friend of Windsor**". A donation of \$25.00 or more entitles you to have your name listed in the Ragtime's for a full year and helps Windsor.

CARD MAKING CLASS & SCRAPBOOKING

Come join us on the last Monday of each month at 1:30 p.m., to learn different techniques for making greeting cards. You will learn different folds, techniques, embossing, Iris folding, and shading. We will start off doing basic card-making and then progress depending on the skill of the class. Come and have an enjoyable time making cards and socializing. The sign-up sheet for this class can be found in the lunchroom area.

CAN'T GET A DRIVER?

A Way Out Transportation is providing the same services as *UCATS* and *Legends Life and Transport*. To call for an appointment, their phone number is 614-381-1979.



Continued from page 9

Why do we dye Easter eggs?

The early Christians of Mesopotamia began the custom of dyeing Easter eggs. Originally, Christians dyed eggs red to represent the blood of Jesus Christ that was shed on the cross. Over time, this tradition spread throughout eastern Orthodox churches and eventually made its way to Catholic and Protestant churches in Europe.

According to Good Housekeeping, early Christian missionaries dyed the eggs different colors to represent different aspects of the Easter story. They used yellow to represent the resurrection, blue to represent love, and red to represent the blood of Christ. Sometimes, the missionaries would paint biblical scenes on the eggs and hide them. This is one of the earliest forms of the Easter egg hunt.



Windsor & Community Seniors, Inc.
376-C Rosehill Drive
Marysville, OH 43040

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Community Meals 937-644-8459
Housing Office 937-644-2905



DATED MATERIAL — Please deliver as soon as possible



Union County Senior Activities Center | **News**
a Windsor & Community Seniors publication

2023 New Membership Subscription
\$15 Singles - \$20 Couples

Union County Senior Activities Center



Name: _____
Address: _____

Phone: _____ E-Mail: _____
Birthday: _____
Anniversary: _____

If joining as a couple, include anniversary date.

Please make check payable to: **Windsor & Community Seniors**

Thank you!