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# Meet Egypt Price Windsor Activities Coordinator

Hey everyone my name is Egypt Price I'm 29 years old , mother of 3 beautiful children who are my pride and joy. I'm from Columbus, Ohio born at OSU. I've been a resident in Marysville, Ohio coming up on two years now, my family and i have quickly developed love for the Marysville community. I recently obtained my GED through the Aspire adult education program. Graduation will be this June. Some things I enjoy are reading, going to new parks for hikes with my kids or alone, meditating, spending quality time with my 4 siblings and best friends. Thank you all for welcoming me with open arms. You all have been so sweet to me. I can't wait to see what my future may bring in holding this position.

# TENTATIVE DATES/ UPCOMING EVENTS AT WINDSOR:

# June 14<sup>th</sup> – Ice Cream Social with chicken sandwiches

July 15<sup>th</sup> – Craft Show August 19<sup>th</sup> TBD Fund Raiser September 23<sup>rd</sup> Football Party October 31<sup>st</sup> Halloween Party December 9<sup>th</sup> Christmas Party



Larry Rood Thomas & Jeanne Burkhart Alan & Kathy McCormick Sharon Mckight Cynthia E. Shearer Patricia Walls Beth Wible

# **MISSION STATEMENT**

1. To **PROVIDE** a wide range of social services, activities, education and entertainment for Windsor Manor and the surrounding area seniors.

2. To **PROMOTE** good fellowship and companionship among senior citizens of the Marysville and surrounding area who will be willing to participate.

3. To **PROMOTE** and **IMPROVE** the quality of life for all senior citizens.

# WINDSOR & COMMUNITY SENIORS, INC 937-644-8464

#### **Executive Officers:**

President: Cindy Maxhimer Vice President: Karol Strapp Secretary: Pattie Reisz Treasurer: Carol Sitz

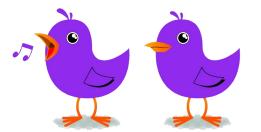
Board Members: Term 2022-2024 Edie Lemaster Pattie Reisz Karol Strapp Karen Baker Leo Baker Deb Kelly Mick McCoy Patty Turner Board Members: Term 2022-2025 Cindy Maxhimer Bill Brunskill Carol Sitz Janet Brown Sue McClish

**Activity Coordinator:** 

Egypt Price

#### **Board Sponsors**

Sarah Dixon, Sponsor Holly Novak, Sponsor Jennifer Zofkie, Sponsor Jeananne Piatt, Sponsor Wendy Witchey, Sponsor





Please submit all information, ads and articles no later than: **MAY 16, 2023** Do you know of an upcoming community event or activity that would be of interest to Seniors? If so, please call the Activities Office: **937-644-8464**.

Not a member of Senior Activities Center? It is never too late to join and have some fun with us.

> Single Membership - \$15.00 Couples - \$20.00

Stop by the Activities office to sign-up or call the Activities Office at **937-644-8464**. **OFFICE HOURS: 10:00 AM TO 2:00 PM** 

## **BECOME A FRIEND OF WINDSOR**

Now that we're in a new year, it is a good time to become a "**Friend of Windsor**". A donation of \$25.00 or more entitles you to have your name listed in the Ragtime's for a full year and helps Windsor.



# **MAY Birthdays**

If you do not want your birthday or anniversary listed, please call the Activities Office.

$\bigcirc$						
HARPA SRUHPA	1	2 Don Makowski Jim Collins Bill Liebhart	3	4 Yvonne McGinnis Deborah Root	5 Bill Neely Keith Elliott	6 Bill Bumgarner Marilyn Greenbaum Nancy Jeffers
7 Tony Pfarr	8	9	10	11 Mary Davidson Judy Yoder	12	13 Larry Amrine Henry Boer
14 William Briggs Flora Kane	15 Sue Brown	16 Vicky McCauley Lorena Newcome	17	18	19 Laurinda Caudill Pat Edelman Peggy Henman	20 Shelby Evans
21 Colleen Erickson	22 Linda Dean	23	24 Charles Barnes	25	26 Alan McCormick	27 Terry Moore Mary Freeman
28 Nancy Conklin Travis Vandran Karin Landon	29	30	31	8		

# WINDSOR SENIOR ACTIVITY CENTER ANNUAL CRAFT SHOW

Windsor Senior Activity Center is having its annual craft show on Saturday, July 15th from 9 to 12 If you would like to be a vendor, please contact the Activities Office at 614-642-8464 on or before July 10th.





Larry & Jeanne Amrine - May 3

Russell & Virginia Miller - May 4

Wallace & Mabel Myers - May 31



## Thinking of our Members in Nursing Homes and Assisted Living:

Bluebird: Dorothy Cotton Mary Jo Finney

- Heritage: Wanda Patterson Elsie Kadel
- Walnut Crossing: Peggy Wells George & Mary Freeman Bernice Hamilton Theda Clemans
- Gables: Mary Shanks Mary Wibley Mary McNeal Edie LeMaster

Friendship Village Rehab, Dublin: Harold Horch

Country Club, Delaware: Sandy Williams

Monarch: Rhonda Groves

Prestige Gardens: Joan Hnath

Please let the Activities Office know if our list above is current. Call 937-644-8464 to let us know of any changes.

# Remembering in Prayer:

All those that we know who have been ill,

- Betty Stillings
- Joan Finch
- Daryl Ingram
- Rhonda Groves
- Karla Rawlins
- Pam Moore
- Nancy Jeffers
- Bernice Hamilton
- Earl Castle
- William A. McCarthy
- James Doolittle
- Charles Hartman
- Alfie Yanchik
- Karol Strapp

- Mary GingreyDoris Leistritz
- Harold Horch
- Carolyn Wyse
- Molly Cooper
- Mike Arnold
- Janice Lewis
- Jeanie Blankenship
- Hazel Maynard
- Rusty Maynard
- Sandy Williams
- Cindy Maxhimer
- Edie LeMaster





Our sympathy and prayers go out to the family of:

Condolences to the family and friends of Marilyn Rausch

Condolences to the family and friends of Jim Caudill

# COMMODITY SUPPLEMENTAL FOOD PROGRAM

The Community Food Box Program has a few spaces available. If you need this 30 lb. box each month, call CASC at 937-594-0161 for more information.

If you know of someone in need or need more information contact the Activities Office, 937-644-8464 or call CASC at 937-594-0161



Book Club News: **MAY 11th at 1:00**. This month's book is *"FireFly Lane"*, by author Kristin Hannah. You can pick up a copy from Pattie Reisz only. If you like to read, come join the group

# Come Play Bingo...

- · We have new classes
- Guest Callers
- more prizes
- Snacks....

And always lots of fun!

Tuesdays at 1:30 pm in the Windsor Dining Room.



#### DO YOU LIKE TO PLAY CORNHOLE?

Windsor has a group ready to play! Sign-up sheet in the dining room. Games will be on Games have already started

Friday's, at 1:30. Games have already started.



# VETERANS SERVICE OFFICE

835 East Fifth Street, Suite B Marysville, OH 43040 937-642-7956 or 800-686-2308

We serve eligible Veterans and their families in all matters relating to possible Union County and/or Federal Benefits.

#### We:

Provide no-cost transportation to Department of Veteran Affairs (VA) medical facilities

Offer temporary and emergency financial aid to eligible veterans for basic needs

Assist in applying for various benefits through the VA, such as disability compensation and VA medical enrollment

Please contact us to set up a confidential appointment Monday through Friday (closed holidays)



## UNION COUNTY SENIOR ACTIVITIES CENTER Trips for 2023 "NO MEALS ARE COVERED"

All scheduled trips are tentative, and may change due to weather or availability of transportation. You may sign up for each trip after the first of the month for each one. (In other words, you may sign up for the MAY 20 trip starting MAY 1, etc.)

- All trips leave from UC Seniors Activities Center.
- Please park at the far end of the parking lot.
- Call Activities Office for Trip Policies for more information regarding eligibility and prices.

• Pricing is for Union County Senior Activities Center members. If you are not a member add an additional \$5.00 to the trip rate.

You may register by using the sign-up sheet in the Community Room or by calling the Activity Office. If sign-ups exceed the seats available, we'll have a random drawing.

Friday, May 26 — Outlet Mall in Sunbury, lunch at Cracker Barrel; depart at 10 a.m. (BlueBird) \$5.00

Tuesday, June 6 — Young's Dairy/Yellow Springs; depart at 9 a.m. (UCATS) \$5.00

Friday, June 23 — Indian Lake Flea Market, Woody's Restaurant; depart at 9 a.m. (BlueBird) \$5.00

Tuesday, July 11 — MYSTERY TRIP; depart at 10 a.m. (UCATS) \$5.00

Friday, August 11 — Airport Diner & Museum, Urbana; depart at 10:30 a.m. (UCATS) \$\$

Tuesday, September 19 — The Lynd Farm & Nutcracker Restaurant; depart at 10 a.m. (UCATS) \$5.00

Tuesday, October 24 — German Village & Schmidt's Restaurant; depart at 10 a.m. (UCATS) \$5.00

Friday, October 29 — MYSTERY TRIP; departure time TBD (BlueBird)

Friday, November 17 — MYSTERY TRIP; depart at 10 a.m. (BlueBird) \$\$

Friday, December 15 — Franklin Park Conservatory + mystery lunch; depart at 9:30 a.m. (BlueBird) \$\$

**PROJECT SAFE HEAT:** A Grant from Union County Seniors Services was awarded to Bridges Community Action to assist Union County Seniors with furnace cleaning and tune-up. For help, contact Community Action at 937-642-4986.

### **CARD MAKING CLASS & SCRAPBOOKING**

Come join us on the **last Monday of each month at 1:30 p.m.,** to learn different techniques for making greeting cards. You will learn different folds, techniques, embossing, Iris folding, and shading. We will start off doing basic card-making and then progress depending on the skill of the class. Come and have an enjoyable time making cards and socializing. The sign-up sheet for this class can be found in the lunchroom area.



# **Friends of Union County Senior Activities Center**

**"Friends of Union County Senior Activities Center"** is a fundraiser that allows anyone, regardless of age, to support Windsor Seniors by donating \$25 or more. This donation entitles you to be listed as a

"Friend of Union County Senior Activities Center" for the calendar year.

Larry & Jeanne Amrine Janet Brown Mabel Myers and Wallace Holbrook Rosella Renz Russell & Virginia Miller Butch & Sue Sawyer Rebecca Payne Connie Ripley Deb Kelly Karen and Leo Baker Deboria and Thomas Ranney

# Volunteer Honor Roll

"Volunteer Honor Roll" is recognition for volunteers who have generously donated their services and/or their time to

- Leo & Karen Baker Dorothy Baughman Bill Brunskill Janice Bryant Mary Carpenter Idella Feeley
- Rita Flory Edie Lemaster Doris Leistritz Cindy Maxhimer Laura Paluch Patricia Reisz

Jim Scheiderer Carol Sitz Fred & Arthena Smith Karol Strapp Mike Streng Nancy Veeck

Thelma Ward Warm Up America Jeanette Fleck Nancy Spain Woody Wilson Daryl Ingram Patty Turner

## SUPPORTING WACSI

Founded in 1984 WACSI provides a wide range of social services, activities, education and entertainment for all senior citizens of Union County. Funded by annual grants on behalf of Senior Services and United Way, membership dues, fundraising, donations, business sponsorship and memorial contributions. WACSI is a non-profit organization dedicated to the well-being of all seniors. WACSI supports our community by providing programs to engage and enrich the lives of seniors and community members of all ages. We remain loyal to our mission of providing for the well-being and growth of families and individuals through activities, education, and social services. Your support as a



# Celebrating Life's Stories.





*Owr mission* is to celebrate the lives of those we have the privilege of serving by providing superior care and superior services to each patient and family.



London Marysville 740.852.7755 937.644.1928 www.OhiosHospiceLovingCare.org

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# Sudoku Puzzles

3		8					2
					1	3	
	1						
7			3			1	
4	6		9	7			5
8				5		4	
5	8	9		4			7
	7		5	3			6
9							

		2		5			7
9			8				
	8	3	9	7		2	
8	7			6			
			2			6	9
		5	1	9	7		
							2
6			5	1			
3	9				6	5	

Solution on page 22

# From the Community Meals Kitchen

Dinning Room Serving Time Meals are served by our volunteer staff 11:00 a.m. to 12:30 p.m.

## **Suggested Donation Prices:**

60 and over \$3.50 59 and under Guest \$5.50 10 and under \$3.50

# Dine-In service ONLY.

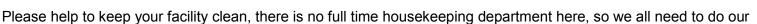
Please make your reservations by 9:30 a.m., by calling **937-644-8459**.

To find out more information regarding Congregate meals here at Windsor call 937-644-8459 Monday— Friday 8 a.m. to 2 p.m.

MAY birthdays will be celebrated on MAY 4th.

# **DINING ROOM RULES**

- 1. During lunch 10-1 p.m., you may not have access to the drink station, only hospital volunteers may get you drinks.
- 2. Take any trash out to the dumpster
- 3. Spot sweep any debris/food on the floor
- 4. Make sure all tables are clear of any articles
- 5. If you moved a table or adjust it (round to square) please put it back the way you found it.
- 6. If you used the kitchen area, clean any dishes you use, put things away and wipe down the counter and sinks if necessary.



Activities Office Open

Monday thru Friday

10:00 a.m.— 2:00 p.m.

937-644-8464 If no one is in the Office, please leave a message and we will get

back with you ASAP!

# NOTE: Our email is: windsorsen@gmail.com or activities@windsorseniors.org

Check out our website: **www.windsorseniors.org** It has our calendar of events, lunch menu, trip info and much more.

We have <u>free</u> Wi-Fi in the Dining Room. If interested check with the Activities Office for login information.

We are now on Facebook. To find, search *Windsor* & *Community Seniors, Inc.* and "Like" us to receive periodic updates on upcoming events, activities and pictures.









Α	Н	U	G	S	С	Μ	F	т	т	D	G	н	0	D	в	т	Н	Е
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Е	R	Α	R	S	0	Μ	U	U	I	Α	G	S	Α	L	S	I	Ν	D
Α	Т	I	U	W	Μ	S	G	т	Ρ	Ν	R	U	S	G	Ρ	I	Κ	Е
R	Ν	Α	Е	G	Т	I	R	Ν	I	Ρ	т	Е	Ν	Е	V	F	G	V
G	Е	R	R	I	Η	0	L	н	I	I	0	Ι	L	0	L	Ν	U	0
J	S	Η	Ν	Ε	F	Т	С	Е	F	Т	R	R	L	0	I	В	D	L
R	0	G	т	Μ	D	Α	Е	U	S	U	Ρ	Е	т	z	т	Ρ	Е	Е
т	Ρ	Y	0	0	Е	I	L	R	т	Ε	М	Ε	Α	Ι	R	Α	V	в
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т	R	Т	F	S	G	Ν	I	G	Α	R	U	0	С	Ν	Ε	Ε	Ν	S
Ν	L	F	L	Ν	Ε	Ε	Ρ	S	Μ	Ρ	0	U	G	Ν	0	R	Т	S
Е	Ν	U	Ε	I	D	L	Y	L	I	S	т	Ε	Ν	Ε	R	I	Ν	т
Μ	Н	L	S	D	Ε	Α	R	L	U	F	R	Ε	D	Ν	0	W	Ε	Μ

Mother's Day Word Search

ACCEPTING	DEAR	INSPIRING	NURTURING	SUPPORTIVE
ADVICE	DEVOTED	JOY	PRECIOUS	TEACHING
AMAZING	ENCOURAGING	KIND	PROTECTIVE	TENDER
BEAUTIFUL	FAMILY	LAUGHTER	PROUD	THOUGHTFUL
BELOVED	FLOWERS	LISTENER	RESPECTFUL	TOLERANT
BLESSED	GENEROUS	LOVING	SELFLESS	TRUSTING
CARING	GIVING	MENTOR	SHARING	WARM
COMFORTING	HELPFUL	MOTHER	SMILES	WATCHFUL
CONSIDERATE	HUGS	NICE	STRONG	WISE
				WONDERFUL

Solution on page 22



Our Doctor of Audiology, Eryn Staats, has worked as a clinical audiologist for nearly 20 years, providing comprehensive diagnostic services for patients for a variety of hearing healthcare services.

She shares a Five-Step Checklist for those with hearing loss, as you consider a hearing aid option.

### STEP 1

#### SCHEDULE A BASELINE HEARING TEST

- Hearing loss can occur at any age.
- A hearing test determines the level of hearing loss and diagnoses any hearing conditions.

## STEP 2

#### DISCUSS YOUR HEARING HEALTH EVALUATION

- This evalation can provide an overview of your overall hearing, plus provide a baseline for hearing trends.
- If hearing loss has been determined, discuss either custom or over-the-counter (OTC) hearing aids with your audiologist.

### STEP 3

#### UNDERSTANDING THE DIFFERENCES BETWEEN CUSTOM AND OTC

- OTC hearing aids are self-fitting.
- Custom hearing aids are precisely programmed to your exact hearing loss – and the fit is verified by an expert.

STEP 4

#### THINK ABOUT POST-PURCHASE SERVICES

 Custom hearing aids are accompanied by regular maintenance, fit/programming adjustments, and cleaning. At Memorial Ear, Nose & Throat, these services are all covered for the duration of the device's warranty.

## STEP 5

#### CONSIDER YOUR WHOLE HEARING HEALTH CARE

- Working with an ENT and Audiology team of specialists allows us to monitor, evaluate, and treat all of your hearing needs from wax removal to tinnitus to dizziness and balance disorders.
- Hearing loss can be confusing. And frustrating. But having an expert medical team to walk you through the process of prevention, detection, assessment, and treatment can ease you in, step-by-step, with realistic expectations. *To learn more, call Memorial Ear, Nose & Throat at (937) 578-4300.*

# Hemorial EAR, NOSE & THROAT

MemorialOhio.com

7-644-8459  4-873-8870	Windsor: 937-644-8459 Plain City: 614-873-8870	Tossed Salad Cherry Crisp Garlic Breadstick	Stir Fry Vegetables Pineapple Fortune Cookie WW Bread	MEMORIAL
Menu subject to change based on availability and weather. Available Milk Choices: 2% Milk, Low Fat Chocolate	Menu subject to change bas Available Milk Choices: 3	<u>WEDNESDAY, MAY 31</u> Johnny Marzetti Italian Green Beans	TUESDAY, MAY 30 Sweet & Sour Cherry Blossom Chicken Fried Rice	MONDAY, MAY 29 NO MEALS
<b>FRIDAY, MAY 26</b> BBQ Chicken Steakhouse Potato Salad Baked Beans Hawaiian Fruit Salad Jell-O Poke Cake Yeast Roll	Meatloaf Mashed Redskin Potatoes Mixed Vegetables Cranberry Salad Cinnamon Muffin 2 oz.	Chef Salad Fruit Salad Gingersnap Cookie 4 Crackers	Pork Chop Mashed Potatoes & Gravy Spinach Grape Salad Blueberry Muffin 2 oz.	Chipped Beef Gravy Over 2 oz. Biscuit Hash Brown Casserole Carrots Mixed Fruit
MEMORIAL DAY COOKOUT	THIRSDAY MAY 25	WEDNESDAY MAY 24	THESDADY MAY 23	MONDAY MAY 22
<u>FRIDAY, MAY 19</u> Hot Shredded Chicken on Lg. Bun Seasoned Potatoes Corn Mandarin Oranges	<u>WINDSOR SENIOR DAY</u> <u>THURSDAY, MAY 18</u> BBQ Rubbed Beef Brisket Fingerling Potatoes Country Green Beans Creamy Fruit Salad 2 oz. Focaccia Garlic Bread Strawberry Crème Torte Cake	<u>WEDNESDAY, MAY 17</u> Cherry Balsamic Pork Twice Baked Potato Casserole Garlic Roasted Carrots Waldorf Salad 2 oz. Yeast Rolls Carrot Cake	PLAIN CITY SENIOR DAY TUESDADY, MAY 16 Chicken Condon Bleu Roasted Gold Potatoes Roasted Spring Mix Fruit with Dressing 2 oz. Dinner Roll Cherry Cheesecake	MONDAY, MAY 15 Orange Juice Pancakes Sausage Links Scrambled Eggs Hash Brown Casserole Fresh Fruit
<u>MOTHERS' DAY</u> <u>FRIDAY, MAY 12</u> Roast Beef Garlic & Herb Whipped Potatoes Buttered Peas & Carrots Fruit w/ Vanilla Sauce 2 oz. Blueberry Muffin Orange Crème Torte Cake	THURSDAY, MAY 11 Haystacks (2oz. beef, lettuce, tomato, cheese & 1 oz. of chips) Refried Beans Strawberry Fluff 2 in. Brownie	<u>WEDNESDAY, MAY 10</u> Chicken Pot Pie 2 oz. biscuit Coleslaw Applesauce	<b>TUESDADY, MAY 9</b> Hamburger Vegetable Soup Tomato & Onion Salad Fruit Cup Cake Whole Wheat Bread	<u>MONDAY, MAY 8</u> Spaghetti & Meatballs Green Beans Tossed Salad Scallop Pineapple Garlic Breadstick
<b>FRIDAY, ARPIL 5</b> Grilled Bratwurst on Lg Bun Warm German Potato Salad Cucumbers & Onions Warm Cinnamon Apples	BIRTHDAY CELEBRATION THURSDAY, MAY 4 Roast Turkey/Stuffing Mashed Potatoes/Gravy Baby Carrots Watergate Salad Cake & Ice Cream	<u>WEDNESDAY, MAY 3</u> Salisbury Steak Baked Potato Roasted Root Vegetables Mandarin Oranges Orange Cranberry Scones 2oz.	<u>TUESDAY, MAY 2</u> Sweet & Savory Chicken Au Gratin Potatoes Cauliflower Pears Animal Crackers Dinner Roll	<u>MONDAY, MAY 1</u> Sloppy Joe on a Lg. Bun Oven Fried Potatoes & Onions Peas Peaches
Please make reserva- tions by 9:30 a.m.	MEAL MENU	COMMUNITY M	May 2023 — (	Please make reserva- tions by 9:30 a.m.

May 2023

940 London Avenue, Suite 1800 Marysville, OH

Voice: 937-644-1010 Option 5 Fax: 937-644-8700

https://www.unioncountyohio.gov/senior-services-home

#### 2023 Senior Farmers Market Nutrition Program June 23rd, 11:00am –1:00pm

940 London Ave Marysville, OH 43040, Conference Room A/B

For the 2023 season, eligible participants have their choice from three different options:

UNI

SENIOR SERVICES

- \$50 produce box: If you select this option, you will receive a one-time box of in-season, locally grown fruits, vegetables, and honey. Items may include onions, corn, tomatoes, carrots, peppers, peaches, and honey.
  - \$25 in coupons and \$25 produce box: If you select this option, you will receive \$25 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023, as well as a \$25 produce box of in-season, locally grown fruits, vegetables, and honey.
  - \$50 in coupons: If you select this option, you will receive \$50 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023.

ELECTRONIC- Electronic applications must be received by June 9, 2023 in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event. OR

MAIL- Hard copy applications must be received at LifeCare Alliance by June 9, 2023 in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event. Completed hard copy applications should be mailed to LifeCare Alliance, Attention: SFMNP, 670 Harmon Ave., Columbus, OH 43223. HOW TO RECEIVE YOUR 2023 SFMNP BENEFITS:

Applicants are expected to be physically present to pick up their SFMNP coupons and/or produce box on June 23rd between 11:00am to 1:00pm.

If you are unable to be physically present on June 23rd, you are permitted to have a trusted representative pick up your selection for you as a proxy. A person is permitted to pick up for themselves, as well as to serve as proxy for a maximum of two other applicants.

For further questions, contact Union County Senior Services 937-644-1010 option 5.

#### Calendar Corner

- \* May 9th at 2pm: Welcome to Medicare at Union County Services Building, 940 London Ave, Marysville, Oh 43040 Conference Room A, To RSVP call 937.644.1010 option 5
- May 21st, 12pm-3pm: Hospets Event FREE pet vaccinations: at Union County Services parking lot, 940 London Ave, Marysville, OH. No RSVP required.
- \* June 23rd, 11am –1pm: Senior Farmers Market at Union County Services Building, 940 London Ave, Marysville, Oh 43040 Conference room A/B

#### Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse. Contact the Abuse Hotline at 937-644-1010 Option 1



Union County Neighbor to Neighbor We are neighbors helping neighbors.

Union County Neighbor to Neighbor is a non-profit, membership-based organization that connects Union County residents to volunteers who help them age in their own homes and reduce social isolation. For a small annual fee, members receive access to services and social programs that help combat common barriers to remaining independent. Services provided include a variety of things like household chores, technology assistance, transportation, home and outdoor maintenance, deliveries, and companionship through phone calls and social visits. Neighbor to Neighbor relies on volunteerism from a vetted volunteer base to complete service requests in a timely manner for members. Social events and gatherings, educational opportunities, and at-home activities are held throughout the year to provide a sense of community for members and volunteers.

Are you looking for a way to stay connected with other seniors? Neighbor to Neighbor has volunteer opportunities for you! In addition to volunteers who help members with household tasks, we are also looking for social volunteers. Social volunteers are volunteers who visit with members in their homes or through phone calls each month to increase socialization. If you are interested in volunteering, please call the Neighbor to Neighbor office at 877-354-8262 or email ucn2nohio@gmail.com.

MyHello Line	Just for Laughs
Stay socially engaged and emotionally healthy with MyHello Line. Each week a trained staff member from LifeBio will call you to find out how you are doing and share in conversa- tion. Calls typically last 15-20 minutes. There is no cost to you and your number will not be shared with others. To find out more or sign up, call Union County Senior Ser- vices at 937.644.1010 ext. 5	Have you heard the rumor going around about butter? Never mind, I shouldn't spread it. I stayed up all night trying to figure out where the sun was. Then it dawned on me.

### Need a Ride?

Union County Senior Services wants to ensure Union County residents 60 years of age or more are getting their transportation needs met to the best of our ability with available resources. UCATS, A Way Out, Legends Lift & Transport, and WINGS are contracted to transport seniors to their activities of daily living (medical, shopping, banking, legal, exercise, library, miscellaneous civic needs, etc.) and activities of socialization free of charge to the senior. Below is the contact information for transportation.

- UCATS call 937.642.5100 to schedule a ride or complete a request online at www.unioncountyohio.gov/ucats
- A Way Out call to schedule at 614.381.1979
- Legends Lift and Transport call to schedule at 937.358.2024
- WINGS call to schedule at 937.642.9555

is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact janell.alexander@jfs.ohio.gov.

# 2023 Senior Farmers Market Nutrition Program June 23<sup>rd</sup>, 11:00 – 1:00

LifeCare Alliance administers the Senior Farmers Market Nutrition Program (SFMNP) on behalf of the Central Ohio Area Agency on Aging (COAAA).

This program is funded by the USDA, with additional support from COAAA and the Franklin County Office on Aging.

Annually, the program runs from June 1 through November 30.

#### What eligible SFMNP participants receive

For the 2023 season, eligible participants have their choice from three different options:

- **\$50 produce box:** If you select this option, you will receive a one-time box of in-season, locally grown fruits, vegetables, and honey. Items may include onions, corn, tomatoes, carrots, peppers, peaches, and honey.
- \$25 in coupons and \$25 produce box: If you select this option, you will receive \$25 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023, as well as a \$25 produce box of in-season, locally grown fruits, vegetables, and honey.
- **\$50 in coupons:** If you select this option, you will receive \$50 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023.

This program is funded by the U.S. Department of Agriculture, with additional support from the Franklin County Office on Aging and Central Ohio Area Agency on Aging. Annual program dates: June 1 through November 30.

# **ELIGIBILITY FOR THE 2023 SFMNP PROGRAM**

You are eligible for this program if you are 60 years of age or older AND have an annual household income that is 185% of the poverty level or less:

- 1 person in household, income of \$0 \$26,973 = \$2247.75 monthly
- 2 persons in household, income of \$0 \$36,482 = \$3040.17 monthly
- 3 persons in household, income of \$0 \$45,991 = \$3832.58 monthly
- 4 persons in household, income of \$0 \$55,500 = \$4625.00 monthly

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You must also reside within one of the participating central Ohio counties:

- Fairfield
- Fayette
- Franklin
- Licking
- Madison
- Pickaway
- Union

If you do not live in one of the above counties but meet the age and income requirements, please contact the Ohio Department on Aging to see if the Senior Farmers Market Nutrition Program operates in your area: <u>https://ohio.gov/residents/resources/senior-farmers-market-nutrition-program#:~:text=The%20Department%20of%20Aging%20partners,%2C%20income%2C%20and%20 geographic%20region</u>.

# HOW TO APPLY FOR THE SFMNP

#### ELECTRONIC

<u>Click here</u> to complete a fillable form that applicants can submit, which comes to LifeCare Alliance electronically. <u>Electronic applications must be received by June 9, 2023</u> in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event.

#### MAIL

Click here to download a pdf of the hard copy application. Paper copies of the applications also will be available outside the main entrance of the location where you typically visit to submit your application. Hard copy applications must be received at LifeCare Alliance by June 9, 2023 in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event. Completed hard copy applications should be mailed to LifeCare Alliance, Attention: SFMNP, 670 Harmon Ave., Columbus, OH 43223.

#### CASE MANAGEMENT

If you typically work with your COAAA PASSPORT, Aetna, or Molina case manager to receive your SFMNP benefits, please contact your case manager directly about applying for the 2023 SFMNP. **HARD COPY AT DISTRIBUTION EVENTS** 

Hard copy applications will be accepted on the day of your county's distribution date. However, if an application is submitted at your county's distribution event, LifeCare Alliance cannot guarantee that you will receive your desired choice of coupons or a produce box.

# HOW TO RECEIVE YOUR 2023 SFMNP BENEFITS

SFMNP applicants are expected to be physically present to pick up their SFMNP coupons and/or produce box at their county's distribution event. See below for a complete list of distribution dates, times, and locations by county. The exceptions to this pick up requirement are as follows:

- If you are unable to be physically present at your county's scheduled distribution date, you are permitted to have a trusted representative pick up your selection for you as a proxy. A person is permitted to pick up for themselves, as well as to serve as proxy/trusted representative for a maximum of two other applicants. If you use a proxy/trusted representative, LifeCare Alliance must have your completed application on file already, OR your proxy/trusted representative must bring your completed and signed application with him/her to the distribution event.
- If you are unable to be physically present at your county's scheduled distribution date; if you do not have anyone who can serve as a proxy/trusted representative for you; and if funds remain after your county's distribution date, you will be contacted about receiving your 2023 SFMNP benefit. If no funds remain following the distribution events, your name will be added to the waiting list in the order in which your application was received originally received.

# IF YOU SELECT TO <u>RECEIVE SFMNP COUPONS</u>, HERE'S HOW THEY WORK

You will receive a list of community markets and roadside stands. Review the list for months, days of the week, and timeframes that area farmers' markets are open.

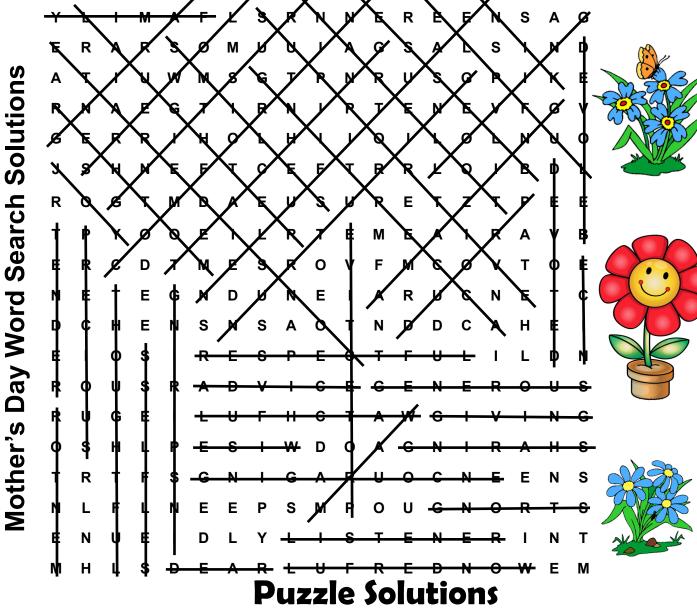
- Look for the SFMNP posters at individual farmer's stands when visiting community farmers' markets and roadside stands. These posters indicate that a farmer accepts the coupons. Redeem your coupons only for locally-grown fresh fruits and vegetables, fresh herbs, and honey. Baked goods, jams, maple syrup, etc. are not eligible for purchase.
- Select produce equal to the amount of the coupon. No change will be given.

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# **Policies - Members and Non-Members**

#### Membership

Annual membership dues for ages 55+ are \$15.00 for a single and \$20.00 for a couple. As a member you will receive the newsletter "Ragtimes," which showcases current information about the wide variety of free and fee-based programs available. Membership dues are for one year, starting on January 1<sup>st</sup> of each year.

#### Photos Taken by Staff

During programs or activities, participants may be photographed by a staff member of Windsor & Community Seniors, Inc. for publicity purposes. These photos may appear in "Ragtimes", on the WACSI web site, or in other publications. If you do not want to have your photo taken and/or published, please tell the photographer. You may also contact the Activities Office at 937-644-8464.

#### **Trip Policy**

A reservation for all trips must be made in advance. The reservation must be paid in full by the advertised cutoff date in order to be able to pay the discounted amount. After the cutoff date, there will be a \$10.00 additional fee added to your reservation. If you find you must cancel a trip, please let the Activities Office know as soon as possible. Please see Refund Policy if you need to cancel your trip and remember we have to pre-pay for all trips.

All travelers <u>MUST</u> submit a File of Life to the Trip Coordinator upon entering the bus. Files of Life will be kept in a locked container and returned to their owners upon arrival back in Marysville. If you don't have this form, stop by the Activities Office and pick one up prior to the trip. In addition, if we are going on a gambling trip, you <u>MUST</u> bring a valid Driver's License or State Photo ID with you or you will not be able to gamble.

In the event of illness or injury that cannot be resolved by basic first aid procedures, the emergency squad will be called. Depending on the recommendation of the EMT, the traveler will be allowed to continue on the trip or be transferred to the nearest hospital by the squad. For those who are able to continue the trip safely, either the designated driver or the emergency squad will be called when the bus approaches Marysville. Who is called will be at the discretion of the Trip Coordinator with input from the traveler. In case of illness or injury which involves medical intervention at a hospital, WACSI will not be responsible for the traveler's transportation back to Marysville. The traveler will have two options:

 Bring the name and phone number of a person whom the traveler contacted <u>prior</u> to the trip to ensure the contact person will be available to transport the traveler; <u>OR</u> 2) use the driver designated by WACSI. The traveler must pay the driver for the round trip (from WACSI to the traveler's home and from their home back to WACSI) using the standard mileage defined by Union County.

A lift bus will be required to bring an aide of the same sex or a spouse/significant other to assist them during the trip. If a spouse or significant other is used as the assistant, the traveler must have another designated traveler of the same sex to assist him/her in the restroom. If an aide is used rather than a spouse, the traveler will pay the same amount for the aide's trip fee as they have paid for their own fee (regardless of the aide's membership status). If a traveler is able to transfer safely to a seat, they may do so.

#### **Non-Member Fee**

Non-members will pay an additional \$5.00 per trip. No refunds will be given to non-members for cancellations that they initiate. No exceptions.

#### **Refund Policy**

If a participant cancels a trip or activity, his or her seat May possibly be filled from a waiting list (if we have one). In addition, the participant can find a replacement for their seat in order to qualify for a refund. Because our fees are based on minimum participation numbers and are paid to the travel company in advance, refunds must be requested at least 30 days prior to the trip. Consideration will be given to written requests for refunds in cases where there has been an injury or unforeseen problem not within your control. If your written request is approved we will refund as much as possible for the trip after all bills are paid, minus a \$10.00 processing fee. If Windsor & Community Seniors, Inc. cancels a trip, everyone who has signed up and paid will receive a full refund.



Allen, Yurasek, Owens-Ruff & Spain LLC Attorneys at Law

233 W. Fifth Street, Marysville, Ohio p. 937 642 4070 | f. 937 644 4390

## NO COST ENERGY TIP OF THE MONTH

#### Go online: ure.com.

Check out the energy savings tab and take the virtual home tour. See how much you can save just by using energy wisely.



for more weekly tips follow us on www.facebook.com/unionrural





#### Funeral Homes & Monuments

Mannasmith Chapel 621 W. Fifth St. Marysville, OH 43040 (937)642-1751 Schnurrenberger Chapel 222 W. Center St. West Mansfield, OH 43358 (937)355-3341

Woody Wilson, Funeral Director



Helping our clients navigate the path toward better tomorrows.

# 127 W. 5th St., Marysville, OH 937.644.0351

Securities and advisory services through Commonwealth Financial Network. Member FINRA/SIPC, a registered investment adviser. Fixed insurance products and services offered through CES Insurance Agency.





Do you have old records that you would like to shred but don't have a shredder? We now have a receptacle in the Lobby of our Senior Center for documents to be sent to File 13 to be destroyed. Just bring in your old records, place them in the receptacle in the foyer and they will be picked up.

#### This service is free

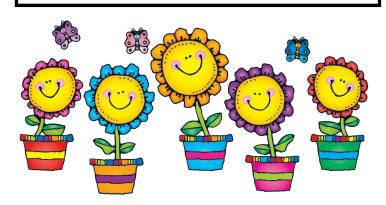
of charge.



### DO YOU WANT TO DO SOMETHING THAT COUNTS?

Become a Hospice Volunteer

Loving Care would like volunteers to become a bedside vigil. Someone to just be there, hold a hand, read scripture or just pray for them. If this is something you would like to do, call Loving Care at **937-644-1928**.





# Pancake Breakfast Raffle Winners:

- OSU Throw Karin Landon
- 1 week free Windsor Meals Mick McCoy
- Texas Roadhouse \$25 gift card Vicki Mckinnon
- Chastity Beauty Shop \$18 gift certificate Edie LeMasters
- Kroger \$50 gift card Angela Krumm
- Kroger \$25 gift card J. Collins
- Crack Barrel \$25 gift card Patty Turner
- Panera \$35 gift card Heidi Ornahood
- Bingo Bucks VFW \$30 Mike Streng
- Timberview Golf Course gift certificate and golf balls Roxanne Canfield
- Lennox Music Box Karin Landon
- Giovannie's Pizza \$25 gift card Karin Landon
- OSU Bear Karin Landon
- Men's Golf Jewelry Box Kay/Dick Peterman
- Bob Evans \$25 gift card Mick McCoy
- Lottery Tickets \$50 Karin Landon
- 1 week free Windsor meals Donald T.
- Benny's Pizza \$25 gift card Alice Byrnes
- Easter Decor Karin Landon
- Hanging Basket Karen Baker
- Hanging Basket Deb Welsh

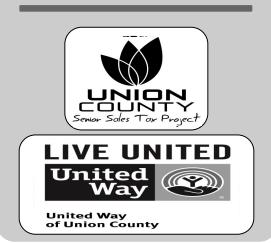
# 50/50 Drawing Winner - Deb Kelly



Union County Senior Activity Center 376-C Rosehill Drive Marysville, OH 43040

Activities Office 937-644-8464 (Hours: M-F 10:00 - 2:00) Beauty Shop— 937-642-9390 Community Meals - 937-644-8459 Housing Office - 937-644-2905





DATED MATERIAL — Please deliver as soon as possible





#### 2023 New Membership Subscription \$15 Singles - \$20 Couples

