

Its time you got your

“Just Desserts”



It is time to start thinking about what dessert you will make for our **February 11th** event.

From 6:-00 pm to 7:30 pm

NO MEAL, JUST DESSERTS.



Bring your specialty dessert to enter and be judged for a \$50.00 gift card. Judging will be done by attendees. Sign-up sheet available, if you plan to attend and are not bringing a dessert, a \$5.00 non-refundable fee is due by Feb. 6th. We will also have a 50/50 drawing.

So get ready for your ... “Just Desserts”

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Membership renewal – don't forget to renew your subscription for 2025. Any member that hasn't renewed their membership by **March 1**, will no longer receive the Senior Express newsletter.

MISSION STATEMENT

1. To **PROVIDE** a wide range of social services, activities, education and entertainment for Windsor Manor and the surrounding area seniors.
2. To **PROMOTE** good fellowship and companionship among senior citizens of the Marysville and surrounding area who will be willing to participate.
3. To **PROMOTE** and **IMPROVE** the quality of life for all senior citizens.

UNION COUNTY SENIOR ACTIVITY CENTER

937-644-8464

2025 BOARD OF TRUSTEES AND OFFICERS

Executive Officers:

President: Cindy Maxhimer **Secretary:** Carol Sitz
Vice President: Bill Brunskill **Treasurer:** Pattie Reisz

Board Members: Term 2022-2025

Cindy Maxhimer
Bill Brunskill
Carol Sitz
Janet Brown
Sue McClish
Chris Plank
Danielle Plank
Deb Root



Board Members: Term 2025-2028

Pattie Reisz
Mick McCoy
Holly Novak
Nikki Hall
Debbie Case



Board Sponsors

Sarah Dixon, Sponsor
Sarah Brown, Sponsor
Jennifer Zofkie, Sponsor
Jeananne Hess, Sponsor
Ashley Fischer, Sponsor

Grant/Project Coordinator

Susie Pfarr

Activity Coordinator

Deb Kelly



WELCOME NEW MEMBERS



**Darlene Barnes
Ruth Barton
Rick Smith
Susan Ketcham**

March

March Newsletter:

Please submit all information, ads and articles no later than:

February 17, 2025

Do you know of an upcoming community event or activity that would be of interest to Seniors? If so, please call the Activities Office: **937-644-8464**.

Not a member of Senior Activities Center?

It is never too late to join and have some fun with us.

Single Membership - \$15.00

Couples - \$20.00

Stop by the Activities office to sign-up or call the Activities Office at **937-644-8464**.

OFFICE HOURS: 9:00AM – 2:00PM - Monday, Tuesday, Thursday, and Friday.

NOTE: Our email is: windsorsen@gmail.com

Check out our website: <https://ucsac.org>

It has our calendar of events, lunch menu, trip info and much more.

We have **free** Wi-Fi in the Dining Room. If interested check with the Activities Office for login information.

We are now on Facebook. To find, search **Windsor Senior Activities Center** and “**Like**” us to receive periodic updates on upcoming events, activities and pictures.



FEBRUARY Birthdays



If you do not want your birthday or anniversary listed, please call the Activities Office.



Happy Birthday



1	Michael Feeley Duane Vanone Terie Jameson
---	---

2	Judy Castle Karen Baker Sharon Carcone	3	Kelly Kirk Marylee Schachbauer Jeanette Fleck	4	Ruth Barten	5	Larry Cooper	6	Meredith Fowler	7	Kathy Shamblin	8	Rosemary Henault
9		10	Janice Lewis	11		12		13	Corena Rafferty Della Fultz	14	Helen Sprague	15	Gloria Bucklew Kay Collins
16	Judy Stephenson Mick McCoy	17	Jim McFarlane Linda Schilling	18		19	Ernest Jones	20	Robert Udstuen Walter Wyse	21	Connie Nickle	22	Jim Brosher Oscar Blankenship
23	Rosalyn DeGood	24		25		26	Robert Trudeau	27		28			



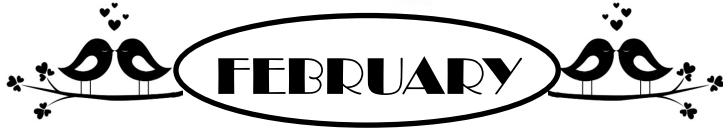
BINGO SATURDAY March 8

From 1:00 PM to 4:00 PM
Cost \$5.00 (nonrefundable), due by

Monday March 3rd. There will be
fabulous prizes, snacks, 50/50. Sign-up
sheet will be in the dining room.

Fabulous prizes, and snacks.

Happy Anniversary



David & Jennifer Holland - February 5

Leo & Karen Baker - February 22

Bob & Brenda Rhodes - February 22



Thinking of our Members in Nursing Homes and Assisted Living:

Bluebird: Mary Jo Finney
Shirley Applegate
Wilma Reisz
Becky Payne

Heritage: Wanda Patterson

Walnut Crossing: Theda Clemans

Gables: Mary McNeal
Peggy Wells
Mike Feely

Friendship Village Rehab, Dublin:

Country Club, Delaware:

Monarch:

Prestige Gardens:

Please let the Activities Office know
if our list above is current.
Call **937-644-8464** to let us know of any changes.

Remembering in Prayer:

All those that we know who have been ill, are recovering from surgeries, or for other reasons.

- Betty Stillings
- Karla Rawlins
- Pam Moore
- Charles Hartman
- Karol Strapp
- Mary Gingrey
- Harold Horch
- Walter Wyse
- Carolyn Wyse
- Mike Arnold
- Janice Lewis
- Hazel Maynard
- Rusty Maynard
- Karen Baker
- Mike Feeley
- Joan Willbarger
- Judy Wilhelm
- Beth Sebring
- Brenda Hastings
- Sandy Bishop
- Jennifer Holland
- Doris Leistritz
- Walter Brynes
- Mary McNeal
- Bill Leibhart
- Judy Hill
- Jennifer Holland



*Our sympathy and prayers
go out to all the families and
friends of*

Earl Castle passed 1/1/25

Judy Hill's husband passed 1/11/25



**UNION COUNTY
VETERANS SERVICE OFFICE**

835 East Fifth Street, Suite B
Marysville, OH 43040
937-642-7956 or 800-686-2308

We serve eligible Veterans and their families in all matters relating to possible Union County and/or Federal Benefits.

We:

Provide no-cost transportation to Department of Veteran Affairs (VA) medical facilities

Offer temporary and emergency financial aid to eligible veterans for basic needs

Assist in applying for various benefits through the VA, such as disability compensation and VA medical enrollment

Please contact us to set up a confidential appointment Monday through Friday (closed holidays)



2-1-1
Get Connected. Get Answers.

CALL 2-1-1
AND CONNECT WITH THE SERVICES YOU NEED
24 HOURS A DAY. 7 DAYS A WEEK.



GET HELP

- Food
- Clothing
- Shelter
- Housing
- Rent or Utility Assistance
- Counseling
- Help for Substance Abuse
- Domestic Violence Services
- Sexual Assault Advocacy
- Transportation
- Support Groups
- Senior Services
- Help with Aging Parents
- Childcare
- Employment Resources
- Legal Assistance
- Health Care

GIVE HELP

- Local volunteer opportunities
- Donating food, clothing and more
- Connect with:
 - Civic Organizations
 - Youth Activities
 - Community Services
 - Schools




2-1-1 IS YOUR NEW, FREE, CONFIDENTIAL, 24/7 INFORMATION AND REFERRAL HOTLINE BROUGHT TO YOU BY:




March *Upcoming*
EVENTS

St. Paddy's Day

Wednesday, March 19th

5:00 PM - 7:00 PM

**Games, \$5 non-refundable for Meal,
50/50 drawing.**

**A Sign-up Sheet will be available
in dining area.**



**Membership renewal – don't forget to renew your subscription for 2025.
March 1 is the last day to renew your Membership.**

UNION COUNTY SENIOR ACTIVITIES CENTER Trips for 2025 "NO MEALS ARE COVERED"

Windsor Senior Trips for 2025 All scheduled trips are tentative and may change due to weather, destination, or availability of transportation. You may register by using the sign-up sheet in the Community Room or by calling Activities Office or Deb Root, Trip Coordinator, at 937-707-0068. If sign-ups exceed the seats available, we'll have a random drawing for available seats. Lunch is at our own expense on trips.

No trip in February.

Please remember your File of Life/Emergency Contact Information.



Book Club News: The Book Club will meet on **February 13th** at **1:00** at Windsor Senior. This month's book is **"Towards The Dawn"**, by author Mary Connealy. You can pick up a copy from the Activities Office only. If you like to read, come join the group.

COME PLAY CORN HOLE!

Join the group on Fridays at 1:30 p.m. to play Corn Hole. Sign-up sheet in the dining room.



Come Play Bingo...

- We have new classes
- Guest Callers
- more prizes

And always lots of fun!



Tuesdays at 1:30 pm in the Windsor Dining Room.

SUPPORTING WACSI

Founded in 1984 WACSI provides a wide range of social services, activities, education and entertainment for all senior citizens of Union County. Funded by annual grants on behalf of Senior Services and United Way, membership dues, fundraising, donations, business sponsorship and memorial contributions. WACSI is a non-profit organization dedicated to the well-being of all seniors. WACSI supports our community by providing programs to engage and enrich the lives of seniors and community members of all ages. We remain loyal to our mission of providing for the well-being and growth of families and individuals through activities, education, and social services. Your support as a member, friend, volunteer, or monetary contributor is greatly appreciated. Thank you for your support!

Friends of Union County Senior Activities Center

“Friends of Union County Senior Activities Center” is a fundraiser that allows anyone, regardless of age, to support Windsor Seniors by donating \$25 or more.

*This donation entitles you to be listed as a
“Friend of Union County Senior Activities Center”
 for the calendar year.*



Becky Payne
 Fred & Shirley Bischoff



Rosella Renz
 Jeanette Fleck



Vi Hill
 Jan Brown
 Carolyn & Walter Wyse
 Vicky McCauley
 Sharon & Roger Wagner
 Russel & Virginia Miller
 David & Patricia Smith
 Larry & Jeanne Amrine
 Karen Danner



\$76.00 to Above



\$51.00 to \$75.00



\$25.00 to \$50.00

Volunteer Honor Roll

*“Volunteer Honor Roll” is recognition for volunteers who have generously donated their services and/or their time to
 UNION COUNTY SENIOR ACTIVITIES CENTER.*

Cindy Maxhimer
 Bill Brunskill
 Pattie Reisz
 Carol Sitz
 Janet Brown
 Sue McClish
 Chris Plank
 Danielle Plank

Mick McCoy
 Holly Novak
 Deb Kelly
 Susie Pfarr
 Marilyn Monroe
 Janice Bryant
 Rita Flory
 Jim Scheiderer

Fred & Arthena Smith
 Mary Kitsmiller
 Deb Root
 Judy Mahan
 Robert Trudeau
 Travis Vandran
 Judy Blankenship
 Dave and Jennifer Holland



IN-KIND DONATIONS **THANK YOU**



5 Numbers You Need to Know for a Healthy Heart

1 BMI (body mass index):



18.5 – 24.9 - Normal
25.0 – 29.9 - Overweight
30+ - Obese

2 Waist Size

(measured at your belly button):
Women: less than 35"
Men: less than 40"



3 Blood Pressure

Top number (systolic):
under 120
Bottom number (diastolic): under 80



5 Blood Sugar

Less than 100
(after fasting 8 hours)

4 Cholesterol

Keep your LDL and Triglyceride levels low



Help Your Heart!

- Determine your BMI with a free online calculator.
- Use a tape measure to figure out your waist size.
- See your doctor to learn your levels. Or, you can do our cost-effective and quick Patient-Ordered Lab Testing – learn more!



Visit memorialohio.com to find a cardiologist or to learn how Memorial is advancing our heart care services.



SATURDAY April 5

8:30 AM - 11:00 AM

\$8/Adult, \$5/Kids

Raffle, and 50/50 Drawing

Save the Date: 04/05/2025

A sign-up sheet will be available in the dinning area.



Sudoku Puzzles

					7		5
			4				
	4		6			3	
9	6						
		5	7			1	
3	7				4		
							5
	3			8		7	
		8		9		4	1

		1	8				
					3		5
					2	1	6
	6	3					
			4	2		9	
			9				
							7
3					8	6	5
	4				1		8
						8	3

Solution on page 16

Valentine's Day

Find and circle all of the words that are hidden in the grid. The remaining letters spell a popular Valentine's Day item.

P I H S D N E I R F D I P U C A L
 V D H S U R C A C F B A L E N D O
 N Y N T I A E A S O L C T O Y M V
 S R N E N S N L Y E H O I E R I E
 T L E D I D S F A O N T W S A R B
 R E Y S L R R E C T C T L E U E I
 A W S E R I F O N A I A I C R R R
 E E S E E E L L R D S O O M B S D
 H J C N S A V T R O N U N T E D S
 T G D N T O T O P I P O A S F N A
 E N Y E A A R O L L G C F E H I T
 E I S D U M R B E L O V E D B I G
 W L O D R P O A F F E C T I O N P
 S R E M A L F R R E N T R A P A R
 E A Y C N A F O R E V E R L I K E
 R D R O T I U S D N O I T O V E D

ADMIRER
 ADORE
 AFFECTION
 ATTRACTION
 BEAU
 BELOVED
 BOYFRIEND
 CANDLES
 CANDY
 CHOCOLATES
 COUPLE
 CRUSH
 CUPID
 DARLING
 DATE
 DEAR
 DEVOTION
 FANCY
 FEBRUARY
 FLAME

FLOWERS
 FONDNESS
 FOREVER
 FRIENDSHIP
 GIFT
 GIRLFRIEND
 HEARTS
 JEWELRY
 LIKE
 LOVEBIRDS
 LOVERS
 PARTNER
 PROPOSAL
 RELATIONSHIP
 RESTAURANT
 ROMANCE
 ROSES
 SENTIMENT
 SUITOR
 SWEETHEART



Breakfast

Find and circle all the breakfast items hidden in the grid. The remaining letters spell a popular breakfast drink.

BACON
 BAGELS
 BISCUITS
 BREAD
 CEREAL
 COFFEE
 CROISSANTS
 DOUGHNUTS
 EGGS
 FRUIT
 GRANOLA
 HAM
 HASH BROWNS
 HONEY
 HOT CHOCOLATE
 JAM
 JELLY
 MARMALADE
 MILK
 MUFFINS
 OATMEAL
 OMELETS
 PANCAKES
 PORRIDGE
 ROLLS
 SAUSAGES
 TEA
 TOAST
 WAFFLES
 YOGURT



Y O G U R T O M E L E T S E
 O S E G A S U A S Y L L E J
 F A L O N A R G A E T F E R
 C R O I S S A N T S F T O D
 S H U M M L O R T O A L W O
 L A A I U A A I C L L M A U
 E S L S T F U E O S A E F G
 G K E M H C F C R R B G F H
 A D E K S B O I M E A D L N
 B A T I A H R A N H C I E U
 L E B O C C L O O S O R S T
 H R G T A A N N W J N R N S
 A B O G D S E A A N G O E J
 M H U E S Y T M P I S P C E

Solution on page 20

From the Memorial Meals Kitchen



**Serving time in the dining is 11:00 a.m. - 12:30 p.m.,
Monday through Friday.**

We offer Dine-in service only.

**You may make a reservation by calling 937-644-8459 24/7.
Reservations must be in by 9:30 a.m. daily.**



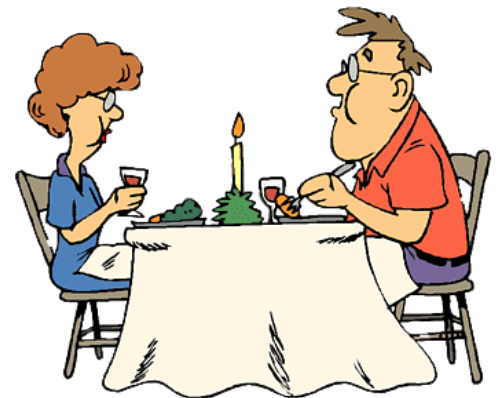
Suggested Donations
60 and over \$3.50
Guest 59 and under \$5.50
Children 10 and under \$3.50



To find out more information on how you can sign up for Memorial Hospital, Congregate meals, that are available in the Windsor Senior Center Dining Room. Call 937-644-5459 or drop in the dining room Monday through Friday 8:00 a.m. - 2:00 p.m.

DINING ROOM RULES

1. During lunch 10-1 p.m., you may not have access to the drink station, only hospital volunteers may get you drinks.
2. Take any trash out to the dumpster
3. Spot sweep any debris/food on the floor
4. Make sure all tables are clear of any articles
5. If you moved a table or adjust it (round to square) please put it back the way you found it.
6. If you used the kitchen area, clean any dishes you use, put things away and wipe down the counter and sinks if necessary.



Please help to keep your facility clean, there is no full time housekeeping department here, so we all need to do our part.

Please do not take any cups from the kitchen of Windsor Senior Center. Taking these items reduces our supply for events. Thank you.

Activities Office Open
Monday, Tuesday, Thursday, and Friday
9:00 a.m.— 2:00 p.m.

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937-644-8464

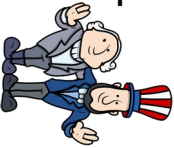
If no one is in the Office, please leave a message
and we will get back with you ASAP!



Please make
reservations by
9:30 a.m.

FEBRUARY 2025 COMMUNITY MEAL MENU

Windsor: 937-644-8459
Richwood: 614-949-4382
Plain City: 614-873-8870

<p>MONDAY, FEBRUARY 3</p> <p>Macaroni & Cheese BBQ Pulled Pork Buttered Peas Creamy Coleslaw Fruit Mix Dinner Roll</p>	<p>TUESDAY, FEBRUARY 4</p> <p>Oven Fried Chicken Seasoned Green Beans Broccoli Slaw Pineapple 2 oz. Biscuit</p>	<p>WEDNESDAY, FEBRUARY 5</p> <p>Sloppy Joe on a Lg. Bun Potato Skins w/cheese Baked Beans Cinnamon Applesauce</p>	<p>BIRTHDAY CELEBRATION THURSDAY, FEBRUARY 6</p> <p>Roast Beef Mashed Redskin Potatoes/ Gravy Prince Charles Vegetables Creamy Fruit Salad Dinner Roll Cake & Ice Cream</p>	<p>FRIDAY, FEBRUARY 7</p> <p>Swedish Meatballs over Wide Noodles Steamed Broccoli Creamy Cucumber Salad Mandarin Oranges Vanilla Pudding</p>
<p>MONDAY, FEBRUARY 10</p> <p>Oven Baked Fish Au Gratin Potatoes Buttered Lima Beans Peaches Gingersnap Cookie WW Bread</p>	<p>TUESDAY, FEBRUARY 11</p> <p>Roast Pork w/Gravy Mashed Potatoes Corn Casserole Pistachio Fruit Fluff 2 oz. Cranberry/Orange Scores</p>	<p>WEDNESDAY, FEBRUARY 12</p> <p>Haystacks (2oz. beef, lettuce, tomato, cheese & 1 oz. of chips) Refried Beans Strawberry Fluff 2 in. Brownie</p>	<p>THURSDAY, FEBRUARY 13</p> <p>Hot Shredded Chicken Sandwich on Lg. Bun Scalloped Potatoes Buttered Carrot Slices Watergate Salad</p>	<p>FRIDAY, FEBRUARY 14</p> <p>Spaghetti with Meat Sauce Tossed Salad Steamed Green Beans Pineapple Chunks Garlic Bread</p>
<p>MONDAY, FEBRUARY 17</p> <p>CLOSED PRESIDENT DAYS</p> 	<p>TUESDAY, FEBRUARY 18</p> <p>Meatloaf Sweet Potato Casserole Capri Veggies Pistachio Fruit Fluff Blueberry Score</p>	<p>WEDNESDAY, FEBRUARY 19</p> <p>Chili dog on Lg Bun Baked Potato Wedges Brussel Sprout Salad Grapes</p>	<p>THURSDAY, FEBRUARY 20</p> <p>Salisbury Steak w/Gravy Baked Potato Creamy Spinach Bake Cranberry-Apple Jell-O 2 oz. Apple Cinnamon Muffin</p>	<p>HAPPY VALENTINE'S DAY FRIDAY, FEBRUARY 21</p> <p>Ham and Bean Soup w/onion Tomato & Onion Salad Cottage cheese Mandarin Oranges Cornbread 2 oz.</p>
<p>MONDAY, FEBRUARY 24</p> <p>Chipped Beef Gravy Over 2 oz. Biscuit Skillet Fried Potatoes Seasoned Mixed Veggies Peaches</p>	<p>TUESDAY, FEBRUARY 25</p> <p>Chopped Sirloin w/mushroom gravy Redskin Mashed Potatoes Roasted Root Veggies Angel Food Cake w/ Strawberries Dinner Roll</p>	<p>WEDNESDAY, FEBRUARY 26</p> <p>Taco Bake Buttered Corn Tossed Salad Scalloped Apples Garlic Breadstick</p>	<p>THURSDAY, FEBRUARY 27</p> <p>Breaded Chicken Breast / Gravy Mashed Potatoes Italian Green Beans Pears 2 oz. Banana muffin</p>	<p>FRIDAY, FEBRUARY 28</p> <p>French Dip w/au Jus On Lg. Bun Loaded Potato Soup Creamy Coleslaw Cherry Crisp</p>


Menu subject to change
based on availability and
weather. Available Milk
Choices: 2% Milk, Low Fat
Chocolate



Please make reservations
by 9:30 a.m.

FEBRUARY ACTIVITIES

Activity Coordinator
Windsor & Community Seniors, Inc.
376-C Rosehill Drive
Marysville, Ohio 43040 — 937-644-8464

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10:00 — Chair Exercise 1:30 — Warm Up America/Charity Crochet 1:30 — Card Players 1:30 — Mahjong</p>	<p>4</p> <p>10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>5</p> <p>10:00 — Chair Exercise 1:30 — Crochet Buddies 1:30 — Card Players 1:30 — Tri-Ominos 2:00 -Chair Volleyball @ WC</p>	<p>6</p> <p>10:00 — Wii Bowling 1:30 — Card Players 1:30 — Dominoes Windsor Board Meeting</p>	<p>7</p> <p>10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 —Card Players 1:30—Corn Hole 1:30 Skip-Bo</p>
<p>10</p> <p>10:00 — Chair Exercise 12:00 — Pokeno 1:30 — Warm Up America/Charity Crochet 1:30 — Card Players 1:30 — Mahjong</p>	<p>11</p> <p>10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>12</p> <p>10:00 — Chair Exercise 1:30 — Crochet Buddies 1:30 — Card Players 1:30 — Tri-Ominos 2:00 -Chair Volleyball @ WC</p>	<p>13</p> <p>10:00 — Wii Bowling 1:30 — Card Players 1:30 — Dominoes ★ 1:00 — Book Club</p>	<p>14</p> <p>★ 10:00 — Wii Bowling ★ 12:00 — 5 CROWNS 1:30 — Dominoes 1:30 — Line Dancing 1:30 —Card Players 1:30—Corn Hole 1:30 Skip-Bo</p>
<p>17</p> <p>CLOSED PRESIDENT DAYS</p>  <p>NEWSLETTER DEADLINE</p>	<p>18</p> <p>10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>19</p> <p>10:00 — Chair Exercise 1:30 — Crochet Buddies 1:30 — Card Players 1:30 — Tri-Ominos 2:00 -Chair Volleyball @ WC</p>	<p>20</p> <p>★ 10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Card Players 1:00 — Craft Class</p>	<p>21</p> <p>10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 —Card Players 1:30—Corn Hole 1:30 Skip-Bo</p>
<p>24</p> <p>10:00 — Chair Exercise 1:00—Card Making Class 1:30 — Warm Up America/Charity Crochet 1:30 — Card Players 1:30 — Mahjong NEWSLETTER FOLDING</p>	<p>25</p> <p>10:00 — Chair Volleyball 1:30 — BINGO</p>	<p>26</p> <p>10:00 — Chair Exercise 1:30 — Crochet Buddies 1:30 — Card Players 1:30 — Tri-Ominos 2:00 -Chair Volleyball @ WC</p>	<p>27</p> <p>10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Card Players ★ 1:00 — Bible Study</p>	<p>28</p> <p>10:00 — Wii Bowling 1:30 — Dominoes 1:30 — Line Dancing 1:30 —Card Players 1:30—Corn Hole 1:30 Skip-Bo</p>

**** Please NOTE:**

Chair volleyball at 2:00 pm location Walnut Crossing
they will furnish bus if driver is available, otherwise Jim will
transport also if available.

Activities Subject to change due to weather or needs of Activity Events.





February 2025

PRIME TIME

940 London Avenue, Suite 1800
Marysville, OH
Voice: 937-644-1010 Option 5
Fax: 937-644-8700

<https://www.unioncountyohio.gov/senior-services-home>

Romance Scammers' Favorite Lies Exposed Federal Trade Commission

Romance scammers tell all sorts of lies to steal your heart and money, and reports to the FTC show those lies are working. These scammers pay close attention to the information you share, and don't miss a beat becoming your perfect match. You like a thing, so that's their thing, too. You're looking to settle down. They're ready too. But there is one exception – you want to meet in real life, and they can't. Reports show their excuse is often baked right into their fake identity. Claiming to be on a faraway military base is the most popular excuse, but “offshore oil rig worker” is another common (and fake) occupation.

Romance scammers often use dating apps to target people looking for love. But reports of romance scams that start with unexpected private messages on social media platforms are even more common. In fact, 40% of people who said they lost money to a romance scam last year said the contact started on social media; 19% said it started on a website or app.

You may have heard about romance scammers who tell you they're sick, hurt, or in jail – or give you another fake reason to send them money. But did you know that many romance scammers operate by offering to do you a favor? They may claim to be a successful cryptocurrency investor who'll teach you how it's done. But any money you “invest” goes straight into their wallet. In another twist, they might say they've shipped you a valuable package (not true), which requires you to send money for “customs” or some other made-up fee. It's all a lie. You send the money, and the package never turns up.

The way romance scammers take your money is another important piece of the story. People reported sending more money to romance scammers using cryptocurrency and bank wires than any other method. While not the costliest payment method, gift cards were the most frequently reported.

So how can you spot a romance scammer in the act?

- Nobody legit will ever ask you to help—or insist that you invest— by sending cryptocurrency, giving the numbers on a gift card, or by wiring money. Anyone who does is a scammer.
- If someone tells you to send money to receive a package, you can bet it's a scam.
- Talk to friends or family about a new love interest and pay attention if they're concerned.
- Try a reverse image search of profile pictures. If the details don't match up, it's a scam.

Help stop scammers by reporting suspicious profiles or messages to the dating app or social media platform. Then, tell the Federal Trade Commission at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud).

Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse. Contact the Abuse Hotline at 937-644-1010 Option 1



Current Residents of Union County, Ohio who are age 60+ are eligible for MyHello.

Connect & Share

Everyone loves a friendly phone call, and that is exactly what MyHello is.

How it works:

There is no one else like YOU.

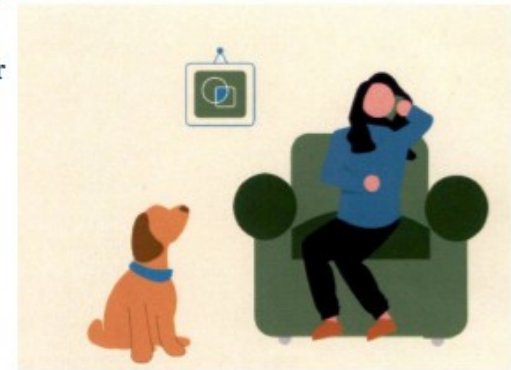
MyHello Guides enjoy talking with you and listening to good stories. Staying connected is important, and it is even good for your health.

Each week, MyHello will call to chat. A unique conversation starter will be asked. A MyHello call is made once a week for 13- weeks.

Calls are typically 15-30 minutes.

We want to get to know YOU. What is important to you? What is your opinion?

Signup is easy! Call 833-694-3556 (833-MYHELLO) or email myhello@lifebio.com.



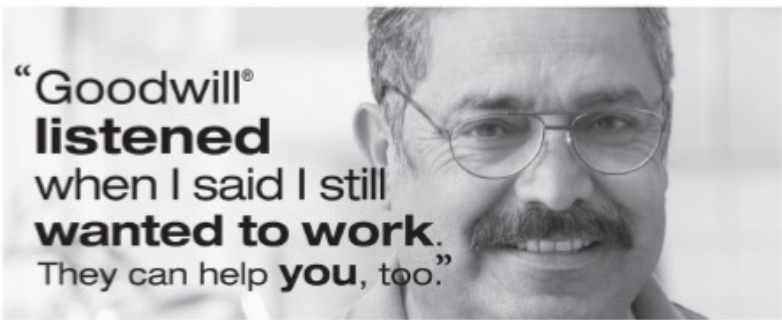
THE WINTER CRISIS PROGRAM

The Winter Crisis Program (WCP) provides financial aid once per heating season from Nov. 1 through March 31 for income-eligible consumers who:

- Have been disconnected or received a shut-off notice;
- Have less than a 25% supply of bulk fuel; or
- Need to establish new service or pay to transfer service.

The WCP may also be used for fuel tank replacement and/or testing, and heating unit repair or replacement.

To learn more or information on applying, contact Bridges Community Action at 937-642-4986. To start an online application you can visit www.energyhelp.ohio.gov.



“Goodwill® listened when I said I still wanted to work. They can help you, too.”

If you are 55, unemployed, and meet income guidelines, let Goodwill Industries® link you with a local nonprofit or other community service agency where you'll:

- Get paid to learn new skills through job training.
- Learn effective job search skills and develop good work habits.
- Build confidence and work experience to advance to permanent employment.
- Contribute to your community by helping meet local needs.

To see if the program is a good fit for you, **contact:**

SCSEP Program Manager
740-751-4282 Ext. 326
SCSEP@GoodHappensHere.org



Senior Community Service Employment Program



PRIME TIME is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact janell.alexander@jfs.ohio.gov.

HOP ON THE MARYSVILLE



MARY-GO-ROUND!

A FREE SHUTTLE SERVICE FOR ADULTS AGE 50+

EVERY TUESDAY and THURSDAY FROM 10:00 A.M. - 3:00 P.M.

Scheduled stops to Meijer, Walmart, Kroger, and other community destinations

CALL: 614-398-8849 for more information route schedule.

SUDOKU SOLUTIONS

6	9	2	8	1	3	7	4	5
8	5	3	2	4	7	6	1	9
1	4	7	5	6	9	2	3	8
9	6	4	1	5	8	3	2	7
2	8	5	7	3	6	1	9	4
3	7	1	9	2	4	5	8	6
4	1	9	6	7	2	8	5	3
5	3	6	4	8	1	9	7	2
7	2	8	3	9	5	4	6	1

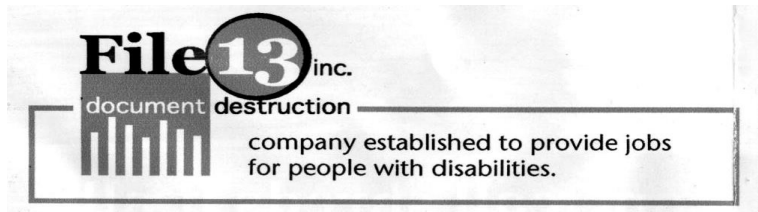
6	5	1	8	7	4	3	9	2
8	9	2	6	1	3	7	4	5
7	3	4	5	9	2	1	6	8
9	6	3	1	8	7	5	2	4
1	7	8	4	2	5	9	3	6
4	2	5	9	3	6	8	7	1
2	8	6	3	5	9	4	1	7
3	1	7	2	4	8	6	5	9
5	4	9	7	6	1	2	8	3

Sudoku on page 9



Do you have old records that you would like to shred but don't have a shredder? We now have a receptacle in the Lobby of our Senior Center for documents to be sent to File 13 to be destroyed. Just bring in your old records, place them in the receptacle in the foyer and they will be picked up.

This service is free of charge.
Thank you File 13 for donating your services.



Union County Moves Coalition Vision is to enhance and develop infrastructure where transportation is accessible to all people for all reasons.

Our Mission is to advocate and plan for transportation systems that balance convenience and efficiency.

Feel free to stop in and to get more information about the Moves Coalition.

Union County MOVES Coalition
940 London Ave., Suite 1100
Marysville, OH 43040
PH: (937) 645-2063

COMMODITY SUPPLEMENTAL FOOD PROGRAM

The Community Food Box Program has a few spaces available. If you need this 30 lb. box each month, call Dorothy (Dottie) Gordon at 937-210-0577 for more information.

If you know of someone in need or need more information please leave a message if the call isn't answered. contact the Activities Office, 937-644-8464 or call CASC at 937-644-9801

DO YOU WANT TO DO SOMETHING THAT COUNTS?

Become a Hospice Volunteer

Loving Care would like volunteers to become a bedside vigil. Someone to just be there, hold a hand, read scripture or just pray for them.

If this is something you would like to do, call Loving Care at 937-644-1928.



Transportation Options for Union County Residents age 60 and over

UCATS (Union County Agency Transportation Services)

Call: 937-642-5100

Email: ucats@unioncountyohio.gov

A WAY OUT

Call: 614-381-1979

Legends Lift & Transport

Call: 937-358-2024

WINGS Transportation

Call: 937-642-9555

Mobility Manager

Call: 937-645-2063

WE ARE WARM-UP AMERICA

Do you like to Crochet or want to learn how...

Join us every Monday 1:30 – 3:00 pm. for fun and fellowship. We make items for Charity such as hats, scarves, blankets and even animals.

We would love to see you here at Union County Senior Activity Center. (*Windsor & Community Seniors, Inc.*)

Lap blankets for Veterans were such a success, we will continue. Thanks to the participants.



Five Star Quality
Measures Rating
from Centers for
Medicare and
Medicaid Services



Monarch Skilled Nursing and Rehab
Hometown Care from
*Your Hometown
Facility*

Monarch Skilled Nursing and Rehab is the **ONLY full-continuum care facility** in Union County! Why go elsewhere when you can have **FIVE STAR** quality care in your own backyard!



Monarch's features and services include:

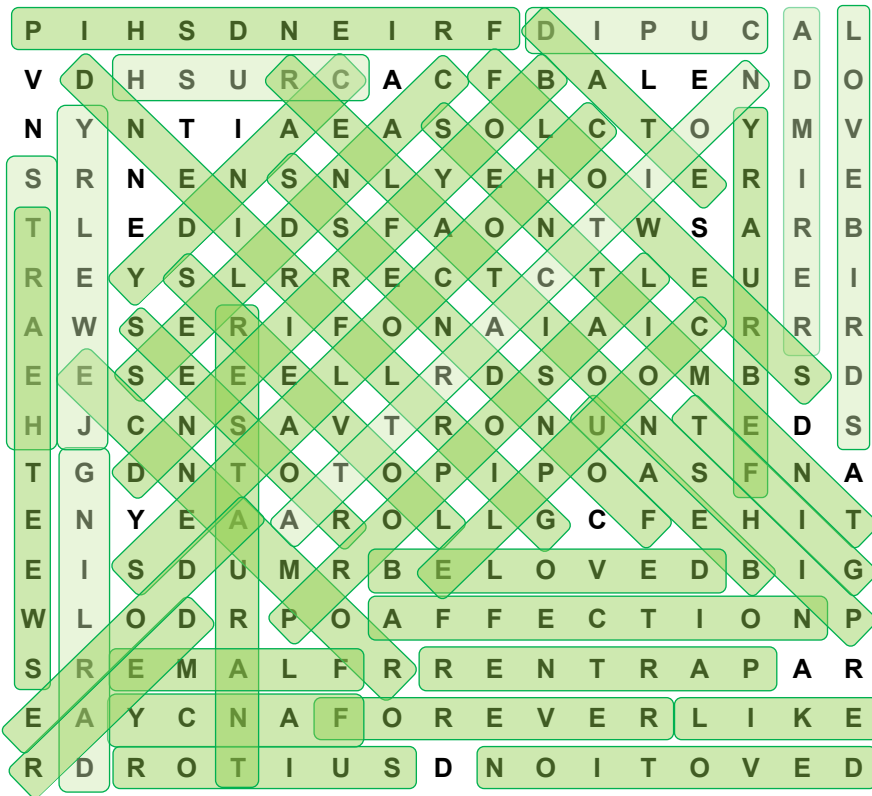
- Spacious, private rehabilitation rooms with private showers
- Updated, spacious and private long term care rooms
- Seven days a week physical, occupational and speech therapies
- Wound certified nurses providing skilled nursing services
- Trilogy non-invasive ventilator care services
- Respite stays available
- **Ohio based owner and operator**



Call today for more information! (937) 642-1026

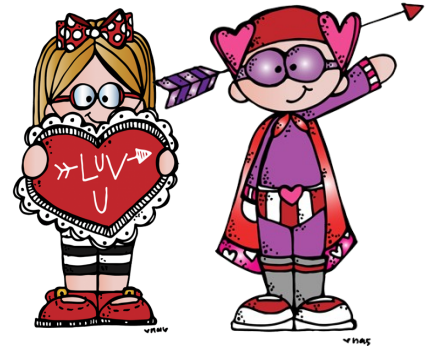
730 Milcrest Dr. Marysville, OH 43040 www.monarchskilledrehab.com

Rehabilitation • Skilled Nursing • Long Term Care



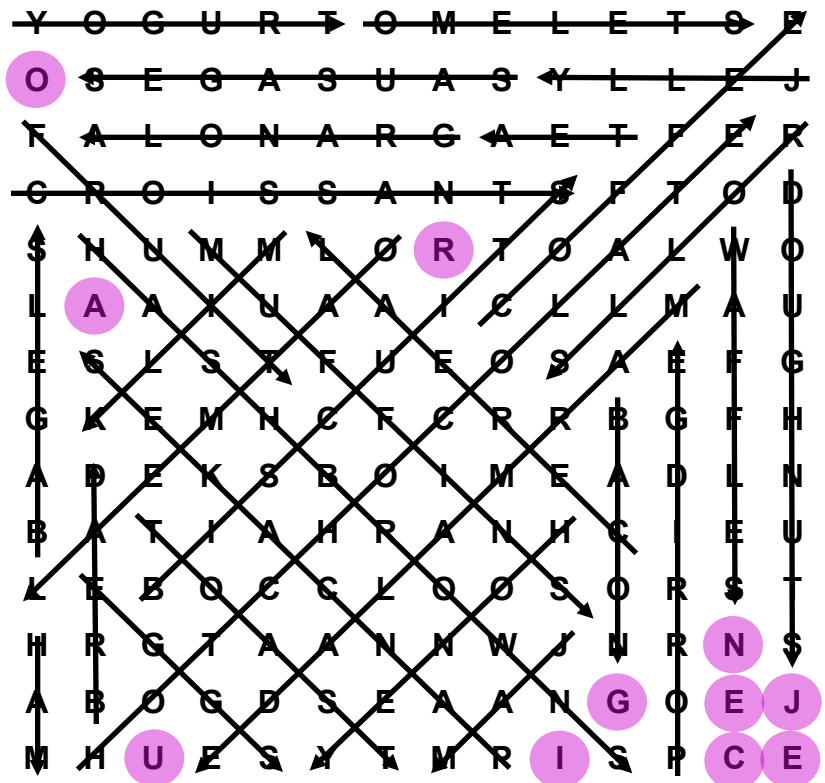
Valentine's Day

The hidden message is: VALENTINES DAY CARD.



Breakfast

The hidden message is: ORANGE JUICE



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REAL ESTATE

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davecookrealestae@gmail.com

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(937) 642-4070



Laura Ingram,
*Funeral Director
Monument Specialist*

(937) 642-4861
Cell: (614) 395-3704
ingramfuneralhome@gmail.com

975 North Maple Street, Marysville, Ohio, 43040



Wilson
Funeral Homes & Monuments

Mannasmith Chapel 621 W. Fifth St. Marysville, OH 43040
(937) 642-1751
Schnurrenberger Chapel 222 W. Center St. West Mansfield, OH 43358
(937) 355-3341

Woody Wilson, Funeral Director



BECOME A FRIEND OF WINDSOR

It is a good time to become a “**Friend of Windsor**”. To become a friend of Windsor, a donation of \$25.00 or more entitles you to have your name listed in the newsletter for a calendar year. This money is used to support Windsor and our activities.



PROJECT SAFE HEAT: A Grant from Union County Seniors Services was awarded to Bridges Community Action to assist Union County Seniors with furnace cleaning and tune-up. For help, contact Community Action at 937-642-4986.

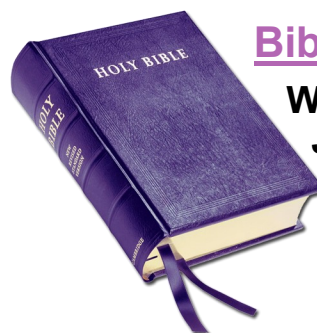
NO COST ENERGY TIP OF THE MONTH

Go online: ure.com.

Check out the energy savings tab and take the virtual home tour. See how much you can save just by using energy wisely.



for more weekly tips follow us on www.facebook.com/unionrural



Bible Study Group

**Will start up again on
January 23 at 1:00 PM.**

2025 Tentative Activities

February 11 (Tuesday) **JUST DESSERTS** - 6:00 PM - 7:30 PM NO MEAL, JUST DESSERTS SIGN UP SHEET \$50 gift card to winning dessert. 50/50 drawing

March 8 (Saturday) 1-4 **BINGO** - A sign-up sheet will be available in the dining area.

March 19 (Wednesday) - **St Paddy's Day** 5-7 Games, Music, **Sign-up sheet** \$5 non-refundable for Meal, 50/50 drawing A sign-up sheet will be available in the dining area.

April 5 (Saturday) - **PANCAKE BREAKFAST** 8:30 AM - 11:00 AM \$8/Adult, \$5/Kids Raffle, and 50/50 Drawing

April 12th **SPECIAL EVENT** - 1-4 — Easter cards, craft, candy - Sign-up sheet \$5 non-refundable

May 5th (Monday) (M) - Cinco de Mayo— 5-7—\$5 non-refundable
Menu: Taco Bar (Soft and Crunchy Taco's), Corn Salad, Chips/Salsa, Churro Bars

June 10 (Tuesday) (M) - 5-7 - **Ice Cream Social**—sponsored by Neighbor-to-Neighbor

July 10 (Thursday) (M) - **Red/White/Cookout** Menu: Hot Dogs/Brats, Pasta Salad, Brownies

August 16 1-4 **Carnival** \$5 non-refundable

September 13 (Saturday) - **PANCAKE BREAKFAST** 8:30 AM - 11:00 AM \$8/Adult, \$5/Kids Raffle, and 50/50 Drawing

October 2 **WELLNESS FAIR**

October 16 (Thursday) - **ANNUAL MEETING** - Pot Luck or Pizza **(TBD)**

October 28 (Tuesday) - **HALLOWEEN PARTY** \$5 non-refundable, games, 50/50 **(TBD)**

November 8 (Saturday) - **GAME DAY OR STAMP CAMP** **(TBD)**

November 19 (Wednesday) **SOUP SUPPER WITH MUSIC BINGO**— 5-7

December 2 (Tuesday) - **CHRISTMAS PARTY**— 5-7

December 16 (Tuesday) - **HOT COCOA/COOKIES**— 6:00-7:00

PLEASE NOTE: All dates and times are tentative and are subject to change

Policies - Members and Non-Members

Membership

Annual membership dues for ages 55+ are \$15.00 for a single and \$20.00 for a couple. As a member you will receive the newsletter "Senior Express", which showcases current information about the wide variety of free and fee-based programs available. Membership dues are for one year, starting on January 1st of each year.

Photos Taken by Staff

During programs or activities, participants may be photographed by a staff member of Windsor & Community Seniors, Inc. for publicity purposes. These photos may appear in "Senior Express", on the WACSI web site, or in other publications. If you do not want to have your photo taken and/or published, please tell the photographer. You may also contact the Activities Office at 937-644-8464.

Trip Policy

A reservation for all trips must be made in advance. The reservation must be paid in full by the advertised cutoff date in order to be able to pay the discounted amount. After the cutoff date, there will be a \$10.00 additional fee added to your reservation. If you find you must cancel a trip, please let the Activities Office know as soon as possible. Please see Refund Policy if you need to cancel your trip and remember we have to pre-pay for all trips.

All travelers MUST submit a File of Life to the Trip Coordinator upon entering the bus. Files of Life will be kept in a locked container and returned to their owners upon arrival back in Marysville. If you don't have this form, stop by the Activities Office and pick one up prior to the trip. In addition, if we are going on a gambling trip, you MUST bring a valid Driver's License or State Photo ID with you or you will not be able to gamble.

In the event of illness or injury that cannot be resolved by basic first aid procedures, the emergency squad will be called. Depending on the recommendation of the EMT, the traveler will be allowed to continue on the trip or be transferred to the nearest hospital by the squad. For those who are able to continue the trip safely, either the designated driver or the emergency squad will be called when the bus approaches Marysville. Who is called will be at the discretion of the Trip Coordinator with input from the traveler. In case of illness or injury which involves medical intervention at a hospital, WACSI will not be responsible for the traveler's transportation back to Marysville. The traveler will have two options:

- 1) Bring the name and phone number of a person whom the traveler contacted **prior** to the trip to ensure the contact person will be available to transport the traveler; **OR 2)** use the driver designated by WACSI. The traveler must pay the driver for the round trip (from WACSI to the traveler's home and from their home back to WACSI) using the standard mileage defined by Union County.

A lift bus will be reserved when possible for the accommodation of travelers using a wheelchair or walker. Travelers in a wheelchair will be required to bring an aide of the same sex or a spouse/significant other to assist them during the trip. If a spouse or significant other is used as the assistant, the traveler must have another designated traveler of the same sex to assist him/her in the restroom. If an aide is used rather than a spouse, the traveler will pay the same amount for the aide's trip fee as they have paid for their own fee (regardless of the aide's membership status). If a traveler is able to transfer safely to a seat, they may do so.

Non-Member Fee

Non-members will pay an additional \$5.00 per trip. No refunds will be given to non-members for cancellations that they initiate. No exceptions.

Refund Policy

If a participant cancels a trip or activity, his or her seat may possibly be filled from a waiting list (if we have one). In addition, the participant can find a replacement for their seat in order to qualify for a refund. Because our fees are based on minimum participation numbers and are paid to the travel company in advance, refunds must be requested at least 30 days prior to the trip. Consideration will be given to written requests for refunds in cases where there has been an injury or unforeseen problem not within your control. If your written request is approved we will refund as much as possible for the trip after all bills are paid, minus a \$10.00 processing fee. If Windsor & Community Seniors, Inc. cancels a trip, everyone who has signed up and paid will receive a full refund.

**Membership renewal – don't forget to renew your subscription for 2025.
March 1 is the last day to renew your Membership.**

Union County Senior Activity Center
376-C Rosehill Drive
Marysville, OH 43040

Non-Profit
U.S. Postage
PAID
PERMIT NO. 55
MARYSVILLE, OHIO
ZIP CODE 43040

Activities Office 937-644-8464
(Hours: 9:00 - 2:00)
Beauty Shop— 937-642-9390
Community Meals - 937-644-8459
Housing Office - 937-644-2905
<https://ucsac.org>



DATED MATERIAL — Please deliver as soon as possible

DO NOT FORGET YOUR:
File of Life/Emergency Contact Information.



Union County Senior Activity Center | **SENIOR EXPRESS**
a Windsor & Community Seniors, Inc. publication

FEBRUARY 2025

2025 New Membership Subscription
\$15 Singles - \$20 Couples



376-C Rosehill Drive
Marysville, OH 43040

Name: _____
Address: _____

Phone: _____ E-Mail: _____
Birthday: _____
Anniversary: _____
Emergency Contact: _____

If joining as a couple, include anniversary date.

Please make check payable to: **Windsor & Community Seniors — Thank you!**
Membership renewal – don't forget to renew your subscription for 2025.